



Michaelmas Elections 2025: All Manifestos

Manifestos from all candidates can be found below, one manifesto per page. This includes manifestos from successful and unsuccessful candidates.

Click the links below to navigate to each College:

[**Bowland College JCR Executive**](#)

[**Cartmel College JCR Executive**](#)

[**County College JCR Executive**](#)

[**Furness College JCR Executive**](#)

[**Fylde College JCR Executive**](#)

[**Graduate College JCR Executive**](#)

[**Grizedale College JCR Executive**](#)

[**Lonsdale College JCR Executive**](#)

[**Pendle College JCR Executive**](#)

[**Student Trustee**](#)

Bowland College JCR Exec

President

Sonny Remmer-Riley

Manifesto

As your **current JCR President**, I'm running for re-election to continue building a **transparent** and **supportive** Bowland community. Over the past year I've worked hard to make our JCR more **open** and **accountable**, while ensuring every student feels **welcomed** and **represented**.

Freshers Week Success

Leading Freshers Week for two years in a row has been one of the greatest privileges of this role. Being a familiar, approachable face for new students remains the highlight of my tenure. Inline with last years survey results, I made strategic changes to **improve Student experience**, and I'm proud to say that feedback showed a **significant rise of (+0.44) in confidence attending future events** and **Freshers' feeling safe on nights out** (new) was equally responded to strongly **(8.76)**.

Student Voice

My biggest challenge last year was the sudden closure of the Bar Space. A decision the University made with **ZERO** Student consultation whatsoever. I immediately stepped in to ensure your voices were heard. I created a college-wide consultation that received over **250 student responses**, and worked closely with Senior University Staff so that the refurbishment and repurposing of the space reflected **student needs**. I will continue to be a student voice champion if re-elected.

Accountability and Next Steps

I delivered on transparency by making JCR minutes public. Next year, I will go further by opening up our finances, budgets, and spending, so you always know what your JCR is doing.

Re-electing me means choosing **experience, dedication, and a President who always puts Bowland first**.

Bowland College JCR Exec

President

Reggie Ihedioha

Manifesto

Hello! I'm Reggie, a 1st year Biomedicine student in Bowland, and I'm running for College President.

I want every student in Bowland to feel safe, supported, and comfortable — not only being themselves, but also connecting openly with others.

Why I'm running:

Bowland is more than just accommodation — it's our community. I believe everyone deserves to feel a sense of belonging here, and I want to make that a reality.

My priorities:

1. Connection: Strengthen our college identity through inclusive events and open communication.
2. Safety & Support: Make welfare support easier to access and ensure all students know who they can turn to.
3. Representation: Be a voice that listens and acts on what you care about.

Experience:

As a Prefect and Chaplaincy Representative in my previous schools, I supported peers, helped organize activities, and learned how to bring people together respectfully and fairly.

Vote Reggie for President — A College Where Everyone Feels at Home.

Thank you for giving me the chance to change myself for the better

Bowland College JCR Exec

Vice President Activities

Amy Bellis

Manifesto

Hi, my name is **Amy Bellis** (she/her), and I'm re-running to be your **VP Activities!**

As the **current VP Activities**, I've proven myself to be a **reliable, organised,** and **proactive** member of the JCR, consistently **organising and delivering large events**, notably Welcome Week, Winter Ball, and Founders.

Welcome Week

I proudly organised all Welcome Week 2025 events. Following the 2024 Feedback Survey, I introduced more **nighttime non-alcoholic events** and more **daytime events** for commuter students which ultimately **improved engagement and enjoyment**.

Winter Ball

Despite an **£800 increase** in venue cost, I have ensured that tickets are **further subsidised** by the College so that you are not burdened by the rising costs! The **ticket price will remain the same** as last year's - **£24**.

If I am re-elected, I will:

1. Improve Event Engagement

I will publish an **Events Interest Form** at the beginning of each term to gather interest in what events **you want to see**. This will **directly inform future event planning**, ensuring you have a say in how our budget is spent and what events we host.

2. Increase Transparency

I will provide **weekly updates** on events during JCR meetings, and these will be made publicly available. I will also continue posting our **weekly events schedule** every Sunday on Instagram (@bowlandcollege).

3. Continue Delivering Big Events

I will revive the **Big Red Bar Crawl** (last held in 2018) during a packed **Refreshers Week** (12th-18th January), ensure **Founders** is ran successfully, and host a **Summer Ball**.

Thanks for reading!!

Bowland College JCR Exec

Vice President Democracy and Finance

Christian Merritt

Manifesto

Hey everyone! I'm Christian, a second-year Politics, International Relations & Management Student and **current Vice-President for Democracy & Finance!**

About Me!

I'm a **former Students' Union President**, where I led a team of sabbatical officers, was successful in campaigning to lower food prices in canteens, sat as a college governor and organised hugely successful socials and a summer ball!

I am the **current VP DemFin of the Bowland JCR**, I am responsible for overseeing the JCR's finances and leading our amazing media team, along with chairing our weekly meetings to ensure the JCR is working hard for you!

My plans for Bowland

Revenue: I want to use revenue the JCR generates to subsidise more events to make them more affordable for everyone and collaborate with other JCRs to run more joint events, to create a great university life for everyone.

Feedback: I hope to implement a feedback form for students to fill out which can be viewed by the JCR, any suggestions will be discussed at JCR meetings to see if they can be implemented.

Re-Freshers: I hope to work with the JCR team to make re-freshers extra special! I want students of all years to be able to relive their freshers week through social events and bar crawls!

I hope to continue working hard for every student in Bowland, thank you for taking the time to read through my manifesto!

Bowland College JCR Exec

Vice President Welfare and Education

Stephen Hubbock

Manifesto

Hi! My name is Stephen Hubbock, a third year Accounting and Finance student, and I am re-running to be your next VP Welfare and Education.

As your **current VP Welfare**, I have organised and hosted a **weekly welfare event** that is held every Monday from 12pm-2pm (Tea and Snacks!), along with specific themed events such as the cupcake decorating event for Halloween and the Christmas card writing social last year!

As VP Welfare, I had the privilege part of the incredible team helping freshers move in during Welcome Week, along with being part of the incredible JCR team who were present during events such as the Karaoke and the pub crawls.

If re-elected, I promise to:

- Continue hosting the **weekly welfare event** in the Bowland Common Room
- Create and host **new events** throughout the term such as a weekly board games night
- Collaborate with other JCR members to help ensure welfare is a priority for all events organised by the JCR
- Continue to attend all relevant meetings at JCR and SCR level
- Be an approachable and positive face of welfare in Bowland!

I have absolutely loved being VP Welfare and I would love the opportunity to continue to represent **the best college** in the university!

Bowland College JCR Exec

Welfare Officer (Woman/Non-Binary)

Charlee Wood

Manifesto

Hello, my name is Charlee, and I'm a second year Computer Science student.

As your current Women's+ Welfare Officer, I am running again to develop the supportive environment Bowland College has and to become a recognisable face that you can come to with any questions or concerns.

Throughout my time at University, I have noticed the bigger need for inclusive and supportive events regarding **sober students** in University. Many students feel the need to drink when they are out or around others who are drinking, and I'd like to increase the awareness that this is not a necessity. I would aim to not only hold events that are purely sober based but also offer **alternatives** for those who want to go to the drinking events sober.

Having struggled with my own **mental health** throughout my first year, I understand the necessity surrounding mental health **support and awareness**. I will combat loneliness and ensure students know who to turn to if they are struggling.

As your Women's+ Welfare Officer I will:

- **Organise events** surrounding International Women's Day and Women's History Month to give information and foster a greater sense of community.
- Hold **charity events** for both breast and cervical cancer through Bowland Netball to increase awareness and raise support for those who may be affected.
- Increase the understanding and accessibility of **Mental Health** Support and resources.
- Ensure there are sober events in **refreshers week**, further increase furtherincrease awareness that student life is not all about drinking.

Bowland College JCR Exec

Welfare Officer (Woman/Non-Binary)

Grace Maxim

Manifesto

Hi, I'm Grace Maxim, and I'm running to be your next women's welfare officer.

I believe I would be good for the role, as in the past I have organised various events such as open days, cultural days and talks with industry. I believe this makes me suitable for the role as I have had diverse experience and helped understand the importance of good communication between students and teachers, which I can use to communicate with myself and the students at Bowland College. I am already helping the business management department by sorting through issues students face within the department.

I would like this role as I believe I could help women with the challenges many face on a day-to-day basis, as I have had to move forward due to my dyslexia and adhd diagnosis on my own, so I am here to try and make sure women don't go through the same challenges.

I will help all women and improve the method of education, especially for those who are neurodivergent.

I will help with women's health and wellbeing as I will improve the methods to access information for mental, sexual and physical health. Whilst maintaining a safe and confidential environment for women to talk.

I will organise and communicate with departments for excess support for those struggling with information and for those who are struggling with essay writing by organising workshops to help.

I am committed to ensuring Lancaster continues to be a safe place for all students.

Bowland College JCR Exec

Welfare Officer (Men/Non-Binary)

Angelo Hazell

Manifesto

Hello everyone, for those who don't know me, my name is Angelo, a cool guy with nice hair.

After my initial stint in this role as a first year, I know that I can offer even more in this position in my second year, having learnt how the student body and college system works.

In my first year, I attended many important college events, assisting and helping set them up, allowing for everything to flow smoothly. I played a particularly valuable role in founders, Bowlands largest college sports competition against Lonsdale, assisting with a lot of matches throughout the length of the event.

As well as this, to contribute to wider change within the university, all welfare reps hold integral talks with the student union to discuss **YOUR** issues and the changes we can implement to solve them.

If I am privileged enough to be elected for a second year, I plan on building upon my promises to offer more support throughout the year regarding any issues or underrepresented groups in Bowland college and more widely the university itself, not only through the meetings with the student body but also planning and assisting my VP welfare in creating more events that promote student welfare.

Thank you for reading, I hope you have a **great** day! 😊

Bowland College JCR Exec

Welfare Officer (Men/Non-Binary)

Simon Thompson

Manifesto

“The leading cause of death in young males is suicide.”

That statistic saddens me to my core. The stigma around masculinity and mental health has gone too far. Masculinity and mental wellbeing should never be seen as opposites, yet stereotypes have made it that way. It’s not too late to change that.

As a Social Work student aspiring to become a mental health worker, I’ve seen how much difference open conversation and understanding can make. I believe that strength is not found in silence, but in connection and honesty. As Bowland’s Men’s Mental Health Leader, I want to make it normal for men to talk about their wellbeing, just as openly as they’d discuss training, deadlines, or a night out.

I’ll work to create spaces where men feel supported and respected—whether through small group discussions, awareness campaigns, or collaborations with college welfare. My goal is to challenge the stigma that stops men from reaching out and replace it with a culture that values empathy, courage, and community.

Together, we can build a college where no one feels they have to face their struggles alone.

Bowland College for Men’s Mental Health

Bowland College JCR Exec

International Students Officer

Amran Abita

Manifesto

Hi Bowland! I'm Amran, an international student who's been at Lancaster for almost two years, and trust me, I've felt *everything* that comes with moving to a new country. From finding my way around campus to dealing with homesickness and building a new community, I truly get what international students go through.

I'm the International Student Rep for Physics and the President of the East African Society, roles that have taught me how to support, represent, and bring people together.

If elected, I want to make Bowland a place where international students feel understood, welcomed, and genuinely at home. I'll focus on fun, inclusive events, clearer guidance, and creating a space where no one feels lost or alone.

Let's make Bowland the warmest home away from home.

Vote Amran!

Bowland College JCR Exec

Socials and Events Officer

Zehra Bari

Manifesto

Heyy, I'm Zehra Bari and I am running for socials and events officer for the JCR. I am a second year business student from Dublin and I was your welcome rep for freshers week 2025!

I enjoy nights out and socials massively!! The events such as karaoke, quizzes, bar crawls and trips outside of uni were my favourite part of being in Bowland last year, so I am super excited to have the opportunity to organise and make these events even better for this year.

I want to arrange more accessible, inclusive and fun activities for all Bowland students and foster college pride and a community feeling for everyone!!

I have ideas for events such as Brainrot quiz, St Patricks day event, Big red bar crawl, Secret Santa, Pizza night, Summer sports day and an Easter egg hunt.

During my time as a freshers rep, I became close with the current Bowland JCR and it inspired me to apply for this position <3

I promise to attend every JCR meeting and all organised activities and events (including the much-loved winter ball!!)

Bowland College JCR Exec

Socials and Events Officer

Katie Norman

Manifesto

I'm Katie, your current socials and events officer. Over the past few months, I have loved being part of your JCR executive. Since the start of November when I got co-opted into the role, I have helped create the Bowland women's football team, as well as running a Halloween movie night, meaning I've witnessed how important these events are first hand. This brings people together to create memories that will define your university experience.

What will I do?

Make welcome week bigger and better – Welcome week 2025 was great with lots of events to cater for everyone; I believe I could work with all of the JCR executive team to make it bigger and better next year. Every student, new or returning should feel included and excited for welcome week. I want to improve participation in every event, in freshers' week and other events throughout the year.

Fun and inclusive events – I'll work closely with members of the team to create a calendar packed with a variety of activities, such as events that celebrate the college like Founders and The Big Red Bar Crawl!

Re-freshers week – This week is a great opportunity to relive welcome week. I will ensure events are exciting for everyone with both sober and drinking socials throughout. One event I would like to re-introduce is the trip to Windermere as I'm aware many of you were looking forward to it before it got cancelled.

Vote Katie for social and events officer!

Bowland College JCR Exec

Media and Communications Officer

Ellie Hall

Manifesto

Hi! My name's Ellie and I've been Bowland's Media and Communications Officer since June and have highly prioritised making our Instagram more interactive as I believe that all students have the right to express their opinions on certain events we have scheduled. Additionally if I continue as our Media Officer, I would like to branch out Bowland's creative space, by utilising our TikTok account.

As a fresher myself last year, I noticed how quickly students stopped engaging with Bowland and the community it created after Fresher's Week, and I would love to see this change, so that people stay prideful and content with their college of choice. This could be utilised through posting more entertaining, authentic content to show students that we're more than just their college. We have created a community which everyone should feel comfortable to join in with.

I also know how hard it is to push yourself to join in with college activities, and want to narrow this gap by making sure any published content is collaborative with the students at our college, whilst keeping it constantly entertaining for students who are questioning whether to join in with our events. Through this, we can grow our community and I continue enjoying being your Media and Comms Officer if you vote me.

Thank you so much!! :)

Bowland College JCR Exec

Media and Communications Officer

Rida Subah Sadiq Mukhtar

Manifesto

I want this role because I enjoy creating content, sharing information clearly, and helping people feel more connected. Media and communication is something I'm genuinely interested in, and I see this role as a chance to contribute to Bowland while building skills that link directly to what I want to pursue in the future. Since I study International Management and take Marketing as my minor, I've developed an interest in branding, promotion, and audience engagement, all of which fit naturally with this position.

If elected, I will keep Bowland's communication organised, consistent, and creative. I'll create regular posts for the college's social media pages, making sure events are advertised clearly and shared on time. I'll photograph Bowland events, collect good-quality content, and turn it into posts, reels, and highlights that students actually enjoy engaging with. I'll design and put up posters around campus to keep everyone informed, and I'll attend all relevant meetings throughout the year, taking accurate minutes so information is properly recorded and easy to access.

For experience, my 3D Design A-Level strengthened my visual communication and layout skills, which transfer well into creating digital content. I've also managed small online projects before, made social posts, and used editing tools like Canva confidently. My course and marketing minor have taught me how to communicate effectively, understand audiences, and think about how information is presented, all of which I can bring to this role.

Overall, I want to bring creativity, consistency, and energy to Bowland's media this year.

Cartmel College JCR Exec

President

Emily Smith

Manifesto

Hi I'm Emily, and I'm running to be the next JCR President. Having served as VP Welfare and VP Media & Communications, I've seen firsthand what makes Cartmel special - its people. In these roles, I introduced weekly wellbeing drop-ins, collaborated on wider university initiatives such as Stop Sexual Misconduct and Harassment, launched The Griffin Times, and built stronger communication through the use of digital media. I've also helped our VP Sports set up the Women's Football Team, co-founded Cartmel Sustainability, and helped with the communication of events during Welcome Week.

Beyond Cartmel, I've worked as a Student Ambassador Leader and became the Student Media Representative on the Societies Committee. Both of these roles helped me gain valuable experience in leadership, inclusion, and teamwork. They've taught me how to listen, organise, and inspire - skills I would bring to the presidency every single day.

If elected, I promise to:

- Make the JCR more transparent with public meetings, published meeting minutes, and regular president drop-ins (for both JCR and students).
- Strengthen structure and communication by creating a clearer link between the lead roles and their officers.
- Working with our bar managers to effectively promote what is going on in our college space.
- Champion initiatives that are led by the JCR (and members of the college) like collaborating with them on their outreach goals.
- And of course bring home a Patriots win!

I believe in a Cartmel where everyone feels represented. Together, we can make that happen.

Vote for Emily :)

Cartmel College JCR Exec

Democracy & Finance Officer

Bryan Dobrzanski

Manifesto

Bryan Dobrzanski

I am running for the position of Democracy and Finance Officer because I believe transparency, accountability, and fairness are the foundations of a strong and trusted JCR. Our community deserves clear communication, responsible financial management, and democratic integrity values I am deeply committed to upholding.

If elected, I will ensure complete transparency in how our funds are allocated and spent. I will introduce accessible financial summaries after each JCR meeting, so every member can see exactly where our money goes and how it benefits our community. I will also ensure that budgets are carefully planned, regularly reviewed, and clearly presented, leaving no room for confusion or mismanagement.

Beyond finance, I will work to protect and strengthen our democracy. I will oversee fair, well-organised elections where every student's voice counts equally, and ensure all democratic processes are followed with precision and impartiality. I will make sure meetings are open, inclusive, and efficient, giving everyone the opportunity to be heard and to shape the direction of our JCR.

Ultimately, I aim to build a JCR where financial clarity and democratic accountability go hand in hand, where every decision reflects the collective interests of our members. With diligence, transparency, and fairness at the core of my work, I will serve the JCR with professionalism and integrity.

I'm ready to put in the work, bring transparency to the table, and keep our JCR fair and accountable. The rest is simple: the vote's in your hands.

Cartmel College JCR Exec

Democracy & Finance Officer

Callum Partington

Manifesto

Hello, my name is Callum and I'm a second year Accounting and Finance student. Previously I was a welcome rep for Cartmel and would love to help out with the college.

What I will do:

As for democracy, I will ensure that people's opinions will be taken into account and listened to for when important matters are being decided and will listen to what people have to say. I value different opinions and like to hear people's views to help with making the right choices.

When it comes to finance, I will make sure that the finances and budgets are properly controlled and sorted to make sure that we have the necessary funds for events and any additional things such as merch, sports or the winter ball.

I will also ensure that with events I will work to make the costs for people more reasonable and affordable so more people can be involved in them.

I will also help support the other JCR exec members when they need the additional support on tasks which will make running things smoother, easier and better for everyone.

Cartmel College JCR Exec

Democracy & Finance Officer

Hugh Lynch

Manifesto

Hugh Lynch. I'm a second year mathematics student and I can climb v7s more or less.

As Democracy and Finance Officer, if you VOTE FOR ME, I promise to:

1. Amplify Every Voice.

Your voice will be heard if you vote for me, and I will ensure clear communication.

2. Support for Students Financially.

Easy information for funds and bursaries, as well as financial advice. Even part-time work opportunities.

3. Transparent finances.

It will be clear where finances are going for our union.

VOTE HUGH LYNCH FOR DEMOCRACY AND FINANCE OFFICER.

Cartmel College JCR Exec

Welfare Officer

Isabella Dos Santos

Manifesto

Hi,

I'm Bella (she/her) and I'm running to be one of your welfare officers this year!

I'm currently a first-year biomedicine student with over a year's experience of working in a nursery. This is where my values equality, diversity and wellbeing truly developed.

As an immigrant, I've experienced firsthand some of the challenges and forms of harassment that students can face. Which is why I believe I can ensure everyone feels heard, respected and supported.

I strongly believe in the voice of the students, especially in our future welfare events. If elected, I'll make sure mental health awareness days are accessible to everyone, and encourage more relaxing activities (such as painting) to help unwind and make new connections with people!

What I assure you is that I will try my absolutely hardest to ensure all college members are treated fairly and have equal opportunities, no matter their background.

Thank you for reading!

Cartmel College JCR Exec

Welfare Officer

Vincent Banjo

Manifesto

They say money doesn't buy happiness, but it certainly buys peace of mind. According to Experian, 1 in 7 students drop out due to financial stress. Without a planned yet flexible budget, students can fall into hardship — and even those who budget carefully may face financial difficulties due to factors beyond their control.

This is why as a Welfare Officer, I will especially dedicate my attention to supporting students facing financial wellbeing issues. Drawing on my knowledge of Economics and Finance, as well as my experience managing living expenses in both Nigeria and England, I can help students make more informed financial decisions.

My approach would begin with listening carefully to each student's situation. I would then coordinate with them and the relevant university services to develop a tailored plan, ensuring they receive the appropriate support and access to all available resources.

I am committed to making sure that no student feels unsupported when faced with financial or non financial related issues because everyone deserves to be able to focus on their studies, wellbeing, and university experience without unnecessary worry.

Cartmel College JCR Exec

Welfare Officer

Lerunne Letsholo

Manifesto

I'm Lerunne Letsholo, a first year MSci Hons Data Science student with a passion for taking an active part in furthering our collective wellbeing, as not only students but as people. Hence, I believe I would be a good fit for the role of welfare officer.

My experiences as the assistant to the Head of Student Life and Wellbeing at my former school, as well as in roles of mentoring my fellow students through both academics and sports, give me the confidence that I can be effective in this role.

Welfare encapsulates various things thus requires a holistic approach. Here are some of the things I aim to do to alongside assisting the Lead Welfare Officer:

1. Working with the Student Union and my fellow colleagues to grow efforts such as the sports access fund to make sports more accessible. As well as working towards increasing the variety of college sports teams available to ensure that everyone's interests are more represented.
2. Working with creative groups on campus like the writers society etc to bring about creative avenues such as open mic nights or a forum for anonymous forms of expression through art.
3. Work alongside MASH and other groups on campus to make access to academic resources and tutoring easier and more convenient.

If you so choose to elect me, I promise to be the champion for your needs and strive to put your welfare as a top priority.

Cartmel College JCR Exec

Welfare Officer

Kevin Mapanzure

Manifesto

Hello, I am Kevin, a second-year law student working towards becoming a future family lawyer (or singer).

More about me:

The particular aspects of my character I believe make me most suited to becoming one of your welfare officers this year are my great capacity for empathy and a strong desire I hold to make a tangible difference day-by-day, no matter how small. Having been a young carer for my older sister, I've nurtured my compassion throughout my youth alongside developing an understanding for the intricacies associated with and delicacy required to deal with the problems of another. Also having been an executive for my secondary school's law society, I am knowledgeable of how to make a realistic difference, especially in a role of promoting inclusivity, as I scheduled events focusing primarily on black students aspiring to study law.

My pledges:

1. **Provision of confidential support and guidance**

- I will do this through offering **drop-in sessions on a monthly basis**, aiming to create a safe, non-judgemental environment for students to seek support regarding the personal challenges they are facing.

2. **Champion minority groups**

- I wish to prioritise inclusivity, ensuring as I did previously that all feel welcome, this time focusing not only on ethnic groups, but also **hosting events that value LGBTQ+ and disabled students**.

3. **Strengthening everyday wellbeing**

- the issues people deal with can feel constant and suffocating. Resultantly, I aim to **increase awareness of available support routes** and **advocate for accessible welfare resources**, encouraging students to seek help early.

Cartmel College JCR Exec

Sports Officer

Anthony Duxbury

Manifesto

My name is Anthony, and I am running for the position sports officer. I am passionate about sports due to it being crucial for many people wellbeing and know that I helps teamwork, unity across the whole university. I believe that sports as a whole can help people to grow by being more disciplined and confident whilst also making friendships that could last a lifetime.

I aim to make sports even more enclusive than it already is by nurturing teams if they need help with anything. This will make us stronger sports wise as a college.

I also want people to have a fair chance and ensure that everyone respects each other and upholds sportsmanship and good teamwork. I also want to ensure that we celebrate our achievements no matter if it's big or small as it helps with overall morale. I also want to ensure that we as a college support our students in sports anyway we can.

With your support I want to help Cartmel College be the most inclusive, strong program at Lancaster University.

Vote Anthony for Sports Officer

Cartmel College JCR Exec

Socials Officers

Isla Parkinson

Manifesto

Hellooo Cartmelians!!

My name is Isla and I'm in 2nd year, studying geography!

This year I would like to run for socials/events officer! Last year I was involved with the JCR as a general executive member (a role which no longer exists) where I helped run the sports events during Patriots! and at the start of this year I was a freshers rep, so I like to think I'm well-versed in the mechanics of the JCR and how events typically run. This also means I have a fairly decent grasp on what has really worked well for college events in the past and what hasn't!

My top priority as events officer, if elected, would be to improve the line of communication between the JCR and you, in order to create fresh and exciting events that you really want to go to!

Of course, our beloved annual events such as the Winter Ball and Patriots will be prioritised too. I will work hard to ensure they are as fabulous as always! But what I would really love, is to create an original event that could be added to the annual rota! Something so fun, that you would want it to happen year on year! And of course, your feedback and suggestions would be fundamental to how it would be planned and carried out.

If this sounds like something you want for our future college events, then please vote for me! :))

Cartmel College JCR Exec

Socials Officers

Melissa Keeble

Manifesto

I am running for Socials Officer because I am enthusiastic about creating events that bring our college community together in meaningful and inclusive ways. As a First-Year Representative for Cartmel College, I have experienced how essential well-organised socials are in helping students feel at home, especially during transitions like Freshers' Week. I supported students not only by attending and helping facilitate events but by handling concerns, encouraging involvement, and building confidence in those around me. These experiences have strengthened my ability to communicate effectively across different groups and anticipate what students need to feel welcomed and included. If elected, I plan to carry this forward by delivering a balanced range of events, offering a diverse range of socials in freshers week, as well as more relaxed socials throughout the year that accommodate different preferences and personalities. I want to increase engagement and offer more opportunities for students to give input on what they'd like to see. I also plan to continue the collaboration we have with societies and other colleges to keep our events dynamic. My goal is to ensure that every event feels thoughtfully designed, approachable, and genuinely fun for everyone. I would be honoured to serve as your Socials Officer and help design a social calendar that creates a welcoming community.

Cartmel College JCR Exec

Media & Communications Officer

Tann Ho

Manifesto

Hope to let events from cartmel to be more approachable from both social media and barkers so events info would be more accessible for people as some events might not have high approachment to students in cartmel college. If i become the lead officer of social media, i will make sure everyone will be able to get information and will not miss out any notices from the college, thank you

Cartmel College JCR Exec

Media & Communications Officer

Samuel De Marchi

Manifesto

I'll help the Lead Media and Communications officer help create high-quality content that truly represents the College.

I've got experience with multiple forms of media creation, and currently specialise in aerial/drone-based forms of media with my other focus being on photography. I have previously created short-form and long-form content for school and other organisations, and have worked with groups and teams to create videos, graphics and other projects that have been very successful.

Cartmel College JCR Exec

Media & Communications Officer

Tyrese Madina

Manifesto

Dear Cartmel College, my name is Tyrese Madina, a first-year law Student, with a keen passion to become an Entertainment and intellectual property solicitor.

I have always had a passion for entertainment and media being part of my school's senior orchestra and performing as part of the schools' musical band. This has extended to events running, as being a senior prefect, I organised talent shows, showcases and events ensuring each one went on smoothly. Furthermore, I have improved my skills of planning events last year as I managed to raise 1700 pounds for the Christian Brothers society in Sierra Leone. This meant organising events within the local community from face painting to coffee mornings whilst teaching me the skills of effective communications with suppliers and coordinator's when setting up events, skills I can relay as a maid and communications officer.

If Elected I promise to provide on the following things.

- Working efficiently and effectively with the media team and under the media officer Lead
- Listen to student voice to plan event that reflect their interests and hobbies
- Make sure all events are accessible to everyone
 - Use my previous experience to effectively communicate with any vendors or contractors needed for an event.

Being apart of the media and communications team would be an opportunity for me to give back to the college community and use my skills to help improve the experience for not just Cartmel students but all Lancaster students.

Kind regards Tyrese Madina

Cartmel College JCR Exec

Lead Welfare Officer

James Taylor

Manifesto

As Lead Welfare Officer, I will champion a culture of empathy, inclusion, and proactive support, grounded in a deep commitment to Equality, Diversity, Inclusion, and Belonging (EDIB). Welfare must be intersectional and student-led, that means listening carefully, acting compassionately, and ensuring every student feels seen, valued, and safe. I will work to amplify the voices of students with disabilities, advocating for accessible spaces, clearer support pathways, and a culture that recognises the strength in difference. I also want to open up more space for conversations in particular around men's health, not just mental, but physical too. From encouraging check-ups and healthy routines to tackling stigma around body image and self-care, I believe we can build a culture where looking after yourself is seen as strong, not shameful. Whether it's through campaigns, quiet support, or empowering others to lead, I will strive to make our JCR a place where diversity is celebrated, kindness is visible, and no one is left behind.

Cartmel College JCR Exec

Lead Media & Communications Officer

Vuyiswa Mafokosho

Manifesto

Hiya, I'm Vuyiswa, I'm a 1st year Marketing and Advertising student with an eager desire of becoming the next Media and Communications Lead for Cartmel College.

I've always been an individual that's expressed high passion for social media, and this is shown through my four-year-old TikTok account which boasts over 4.6k followers, viral posts of 1.7M views, collaborations with Scholastic UK and other authors. Additionally, I currently work two content creator roles for the university – LUMS and Campus Life. These positions have positively contributed to my own personal experience on campus through meeting new people whilst developing my skills set. Therefore, my drive and understanding for content creation will support me with crafting Cartmel's social media.

If I were elected for this position, I will aim to:

- Consistently upload content which is relatable and engaging to the necessary accounts
- A regular newsletter – bi-weekly or monthly

Most importantly, I want to immerse myself within the student community; to implement real excitement and change. To join Cartmel JCR is the perfect chance for me to achieve these goals, even though I've spent little time being apart of this college and university, I have a vision. I believe I can stir a movement of Cartmel gaining a stronger social media presence. This will be achieved through creating distinctive content that separates Cartmel from the other colleges; all Lancaster students will perceive our college with high regards.

Thank you for reading my manifesto, and I hope you vote for me!

County College JCR Exec

President

Millie Burrows

Manifesto

I was on the JCR this year as a women's welfare officer so I'm aware of how things go in the JCR. I also was a welcome rep helping with key collections and tours, if you knew me from that you'd know I'm a big talker!

I would love to do anything I can to improve college and student life, and want your feedback on how to improve it!

To me welfare is important, and I would like to make sure everyone feels at home within county (as it is the best college!). I also want to make sure events are fun and accessible to all, I'd like to know what events students would love to see running, as student input is the most important!

To make people feel at home I would organise a space for people to come talk to a student about any issues. And when it comes to events I'll make sure there is a variety of events, catered to all preferences, from party events in the bar, to creative art events!

I play netball and do biomedical science. If I can handle my degree, I can handle anything! I was school captain in year 13 so I know how to handle leadership and communication. I love to have a good time and party, so I hope I can bring fun to county. I also enjoy creative hobbies such as sewing my own clothes so would be interested in also bringing a creative side to county.

County College JCR Exec

President

Prem Zukowski

Manifesto

Saving County Bar

- The Northern Oak is a focal point to our County Community. However, there is always the risk of it sharing the fate of Bowland bar. We need to be blunt about what must happen. It needs to be used to an extent where it would never come to anyone's mind that it should shut. I will achieve this by lobbying the sports teams and other societies to organising their socials in there, securing its fate.

Democratising the JCR

- The facts of the matter are that people don't know what the JCR is and what we do despite the work put in by our members. Under my leadership, we will take the extra step to ensure you know who represents your interests and create biweekly video updates of the wonderful community binding events we have planned.

Free hygiene products in bathrooms

- It would never come to my mind that County Students, or anyone for that matter, should be paying for personal hygiene products (tampons, condoms etc.). This is why I will ensure every toilet in County is stocked with personal hygiene products for student use.

Support for County Sports

- I believe that although separate entities, County sports teams are very important to our community. I will work closely with my VP Socials, Sports & Events to enable Titans this year to be the greatest achievement of my Presidency. Focusing not just on sports and great atmosphere at every game, but non-sporting events securing an all-encompassing experience.

County College JCR Exec

President

Jonathan Carboni

Manifesto

Although I've only been here a short time, I have already been welcomed into an amazing community in the best college in the university, and I know we can strengthen this unity even further. I'm running for President because I want to reignite County pride – to strengthen college spirit, and give everyone the same sense of community I've experienced since joining. So together, let's bring back County pride, and make student life more connected, fun, and representative for everyone!

My experience:

Politics Academic Representative: I have experience liaising with staff and students to get the student voice heard and acted on.

Head Boy at Sixth Form: I developed teamwork and leadership skills that will help me work effectively in the JCR and deliver a better County community!

Events: I've organised culture days, sports days and prom, which taught me how important events are in bringing people together.

If elected, I plan to deliver:

1. More skip-the-queues: Lobby the SU to give County students more priority entry into Sugar.

2. More college merchandise: Push for more, free, college merchandise, especially during Welcome Week, enabling all County students to proudly represent the best college on campus!

3. More college events: Deliver more events throughout the academic year, bringing people from every year together.

4. Improved Common Rooms:

Revitalise our Common Rooms by:

- Letting you control the music.
- Organising more activities and socials.
- Effectively communicating events and news.

5. Free Coffee and Snacks:

Provide free coffee and snacks during exam season.

County College JCR Exec

President

Charlie Moran

Manifesto

After spending a year on the JCR I have a solid understanding of the roles and responsibilities of the whole JCR allowing me to know what is expected of us throughout the year and how we can provide the best experience for you, a County student. I have extensive leadership experience including leading a group of 200 cadets on a weeklong camp and my squadron of 40 on a weekly basis. I was able to communicate effectively with others up and down the rank structure in order to utilise them to give the cadets the best experience possible which I can do for County to bring you even more events and improve your college experience.

I have some simple goals if I am elected President including:

- Maintain college spaces, including bars, and our yearly events in a time of budget cuts and uncertainty with strike action and LU Future in order to provide a positive college experience
- Improving the college sport experience by supporting them in organising fundraisers, and celebrating their successes so our teams feel recognised for the strong sides they are
- Improve the sense of college belonging after first year by scheduling small events that can be attended during the day between lectures when those who live in town are on campus

County College JCR Exec

President

Yasir Shahbaz

Manifesto

I believe county sports are a vital part of college life, something that deserves greater investment and recognition. County sports embodies the values that define our community: friendship, teamwork and most importantly a sense of belonging. If elected I vow to ensure college sports receive the support and spotlight it deserves.

University isn't just an institution, it's the students who make it. Decisions are being made by the university which are affecting us, yet our voices are often underrepresented. A vote for me is a vote for your voice. I'll make sure student opinions and ideas are heard not only at a college level but across the whole university as a whole.

County, as the largest college, is built on diversity and inclusion, something we should take great pride in. If elected I'll celebrate what makes county unique and ensure a safe, supportive environment where all students are able to flourish. Whether this be through sports academics or social life, university is different for all of us but what brings us together as a college is respect, kindness and encouragement.

My values which I believe are vital for this role are democracy and diplomacy. I believe communication, fairness and collaboration are key to this role. My previous experience on the JCR has enhanced my understanding and prepared me further for what makes a good president. I was also an academic representative which helped me gain crucial skills in communication not only with students but with university staff as well.

County College JCR Exec

Vice President Democracy & Finance

Luke Marwood

Manifesto

Luke Marwood: Manifesto for VP Democracy & Finance

Hello, my name is Luke Marwood, and I am running for your VP Democracy & Finance.

This role is the JCR's engine room: it ensures your voice is heard and your money is spent wisely. My experience is a direct match for these responsibilities.

My credentials prove I can deliver. As an **Accredited Electoral Observer** for the Electoral Commission, I am professionally trained in fair and transparent democratic processes. Prior to Lancaster, I was **President of my college Students' Union** and **Youth Council Chair for Blackpool**, where I have managed budgets and led student bodies. Furthermore, as a **Student Director on a Governing Board** and the former **Youth Member of Parliament** for Blackpool, I have collectively represented more than 20,000 young people, and have debated policy in the House of Commons. These roles have accustomed me to high-level governance.

My plan for County is to:

- **Run Transparent Meetings:** Ensure JCR meetings are open, accessible, and a genuine platform for your ideas.
- **Manage an Accountable Budget:** Manage our finances with total transparency. You will know where your money is going.
- **Fund What Matters:** Directly link our democracy to our finances, funding the initiatives you care about—from welfare support to inclusive socials and sports.

I am asking to bring this proven, relevant experience to County to ensure the JCR works effectively and accountably for you.

Vote Luke Marwood for County VP Democracy & Finance.

County College JCR Exec

Vice President Democracy & Finance

Matt

Manifesto

Who am I?

A 1st year doing a physics degree with an integrated masters, and while I know how that sounds, kinda boring, I want everyone in County to have fun and be proud they chose this college to come to.

I'm also just a guy who likes numbers and talking to as many people as I can, which is why I'm applying for this role in the JCR.

Happy to talk and listen to every member of County College, and willing to help your voices get from you to the top where it matters most.

Doing judo has taught me to be disciplined and respectful of others, no matter who they are. I'm always learning and wanting to better myself, which I hope to apply to this role too.

Having worked behind a bar, I've learned time management and how to remain calm under stressful conditions, especially when it's busy and things need getting done, so feel free to come get the best drinks recommendations off me for a fun night out!

I'm willing to work hard, listen to the voices of my peers and the college students and do my best to fulfill my duty.

County College JCR Exec

Vice President Democracy & Finance

William Hall

Manifesto

Hi County, I'm Will a 1st year Law Student, and I'm running to be your next Vice President for Democracy & Finance, because I want to make sure your voice and views of County College come first.

My goals are simple, firstly, to make sure every member of County College can express their opinions on how our college is run but more importantly to ensure that those opinions are implemented by senior leaders. This could be on the use of the College's facilities such as what we want to see change at County Bar or how we can improve the Common Room. It is also about what events we organise, the type of socials we run, or which sports teams there are. Your feedback should directly shape what we do as this is our College.

Secondly on the finance side, I'll ensure that your College fees are spent in ways that directly benefit you, that means we get more value in what we pay for. But the cost of living is increasing and therefore as a College we need to develop new sources of income for County to ensure its functions are sustainable and the burden is not solely on us as members. This may be making County Clothing, or the revamping of County Bar to make it more inclusive.

This is just the start of what I will aim to achieve as VP of the best College at Lancaster.

Will

County College JCR Exec

Vice President Welfare, Equality & Diversity

Reece Boddington

Manifesto

Hi, my name is Reece and for those of you that don't know me I am the current VP Welfare, Equality and Diversity in County College. As a fourth year who has been a fresher's rep for three years and has been on the JCR for just over a year, many of you will have seen me around.

While I have been on the JCR, I have already run several successful events from pumpkin carving to free food, and perhaps everyone's favourite: our therapy dog visit this year. In my role I have been continually pushing for increasing the visibility of the university wellbeing services, working closely with the LUSU Wellbeing and Inclusion Group and ensuring that county remains one of the most supportive and inclusive places on campus.

By continuing in my role, I would like to spend time reworking our wellbeing events based on feedback to ensure we are allocating time and resources where it will have the greatest impact. I will also endeavour to take forward the feedback we have had from Freshers 2025 into the planning of 2026 to make it bigger and better than ever.

County College JCR Exec

Socials and Events Officers

Lucy Parker

Manifesto

Hi, my name is Lucy Parker and I am a first year undergraduate studying psychology. If I were to be elected as a socials and events JCR, I will promise to prioritise safe wellbeing on top of having fun. This would be done alongside the welfare JCRs on the team specifically. I have many ideas on how this can be done. From events looking at the risks of spiking to unconsensual contact and how we can keep ourselves and others safe, going out or staying on campus to socialise should be a good time, not to worry about safety. I pledge to also listen to suggestions from the rest of County College in order to be a voice for ideas on what activities would be most enjoyable, for example, bingo nights, quizzes, karaoke etc. I am an easy person to access and talk to, which is especially beneficial for this role and working as a team, and I will work to make sure everyone is able to enjoy their time at university, as these socials and events can be a breather from academics. Thank you!

County College JCR Exec

Socials and Events Officers

Cara Davies

Manifesto

Hiya, I'm Cara and I would love to be one half of the Socials and Events Officers for 2025/26!! I've grown up experiencing events that people have poured their hearts and souls into and enjoying creating events for people to enjoy. I am also very passionate about working with charities to help those less fortunate than ourselves that we may not always notice. As one of your officers, I would create events from woodland walks to town pub crawls and collaborate with other colleges and societies to create the best events possible for everyone in County College.

County College JCR Exec

Women's+ Sports Officer (reserved for self-defining woman+)

Emily Kynaston

Manifesto

Hi everyone! I'm Emily, and I'm running to be re-elected as your Women's+ Sports Officer for County College.

Over the past two years in this role, I've been proud to help make County sport more inclusive, successful, and empowering. During my time in this role, I've launched two new teams – our Open Netball Team and a Women's Football Team, both of which have grown rapidly and achieved incredible success. As Club Captain of County Netball, I've seen first-hand how sport can bring people together, build confidence, and create lifelong friendships.

If re-elected, my main priority will be making Titans 2026 our best yet, pushing for a County win while ensuring we have the biggest possible turnout through close collaboration with both County and Fylde JCRs. My goal is to keep developing County's sporting reputation, supporting teams to train hard, compete fiercely, and take pride in representing the college

Having personally experienced the pressures and challenges that can come with sport, I'm passionate about promoting its positive impacts on mental health and wellbeing. I plan to introduce sport-focused welfare initiatives, working alongside our welfare representatives to highlight how movement, teamwork, and community can transform student life for the better.

County sport has been such a special part of my university experience, and I'd love the chance to keep growing it. I want every County student to feel the same pride and passion I do when representing our college.

County College JCR Exec

Men's+ Sports Officer (reserved for self-defining man+)

Tom Ball

Manifesto

Passionate about promoting sport for everyone: I want to make college sport as inclusive, competitive, and enjoyable as possible. Whether you're playing at a high level or just trying something new, I'll work to ensure there are opportunities for everyone to get involved and feel part of our sporting community. Proven leadership and experience: As County Barsports President, Co-Captain of our Open A's Pool team, and University 9-Ball Captain, I've shown commitment, organisation, and teamwork at every level. These roles have given me the experience needed to coordinate events, support captains, and help our teams perform at their best. Collaboration and inclusivity: I'll work closely with the Women's Sports Officer to strengthen our college's sporting life through joint events, training sessions, and initiatives that encourage participation across all genders and abilities. Together, we'll celebrate success and ensure all sports feel supported. Strong inter-college and county connections: With good ties to other JCRs and County Sports Clubs, I'll maintain open communication, build partnerships, and promote engagement with County teams. I'll make sure our captains are well-supported and our college continues to be a respected and active presence in the wider sporting community.

County College JCR Exec

Media and Communications Officer

Niamh Wigglesworth

Manifesto

Hi! I'm Niamh, a 2nd year Law student, and one of your current Media and Comms Officers! Since being elected at Co-options, two weeks ago, I've already proven my dedication to County by utilising highlights and creating high-quality content. Crucially, this time has allowed me to learn the role, master key skills, allowing me to get straight to work if re-elected. I need your vote to fully implement the vision I ran on.

My Plan:

1. Elevate County's Digital Presence

I've started laying the foundation, but if re-elected, I will fully implement a consistent content calendar across all platforms. Using my skills in Canva, I will ensure creative, well-planned posts that raise maximum event awareness and make County's online presence the most engaging on campus.

2. From Event to Engagement in Minutes

As an active member of County Netball, I'm already on the campus ground. I promise a fast turnaround of content, prioritising Reels, Stories, and Highlights to showcase college life and boost interaction.

3. Clarity, Consistency, and Collaboration

I believe in building on success. I want to build on the great work already showcased, and implement interactive features like polls, Q&As, and live discussions. I will also commit to regular content on TikTok.

I will measure my success by using analytics to ensure our content always resonates with you. I am reliable, creative, and communicative, guaranteeing fast responses for student queries and last-minute updates.

**Vote for me to fully deliver the creative, consistent, and collaborative comms
County College deserves!**

County College JCR Exec

Media and Communications Officer

Georgia Hunt

Manifesto

GEORGIA for Media and Comms!

Hello all, my name is **Georgia** and i'm currently a **2nd year student** studying **Marketing and Design**. I'm running for Media & Communications Officer because I genuinely love bringing people together through creativity.

◇ My part-time job has let me work at massive events like York Races and the Coldplay tour, and the marketing placements I've had where I've worked with big brands (like Peroni and Robinsons) have taught me how to engage with audiences and think more creatively to communicate ideas that really stick.

◇ Add in my photography skills, + my Adobe and Canva proficiency >>>> and i'm ready to make our college socials **POP!**

◇ I've also run my own small businesses in the past, and i'm often the person friends and family come to when in need of a creative hand, whether that's with simply some fire instagram pictures or business logo designs!

Here's my plan:

☉ Bring events to life via fresh photo and video content, both on instagram and TikTok.

☉ Build a bold C(O)UNTY look for our social media pages.

☉ Ensure our college events get timely and creative publicity across socials.

I'm passionate about people, design and great communications, so let's make our socials as vibrant as the college community behind them!

VOTE GEORGIA FOR MEDIA AND COMMS!!

If you have any questions or just fancy a chat, feel free to reach out on instagram:

@georgiaalicehunt

County College JCR Exec

Media and Communications Officer

Pavan Bhamidipati

Manifesto

Greetings, I'm Pavan, and I'm the current Equalities & Opportunities Officer for County College. Over the past two years, I've had the privilege of supporting Welcome Weeks, college events, the welfare team and even won JCR Officer of the Year in December 2023. Now, after recently being elected President of the Accessibility Community at LUSU, I'm excited to bring my skills in inclusive communication and student engagement to the role of Media & Communications Officer.

My passion for content creation and marketing has grown throughout my time at university. I've enjoyed being one of Lancaster's Student Content Creators for the past year, making a positive difference through making TikToks promoting life and activities on campus and in the city, photoshoots, and takeovers of the university's Instagram during this year's UK University Search fair and at an open day. Furthermore, I've been rehired for another year showing outstanding commitment to delivering the highest quality content whilst meeting strict deadlines. I also serve as Social Media Officer for PsychSoc, further honing my skills in managing online platforms.

If elected, I'll bring my proficiency with Canva Pro and video editing to ensure content is delivered on time, focusing on quality and engagement. I'll also prioritize responsive communication, ensuring DMs across our social media channels are answered reliably, so students feel heard and supported.

With my proven track record on County's JCR Exec and my experience in content creation, I'm ready to take the next step. Vote Pavan for Media & Communications Officer!

Furness College JCR Exec

President

Jack Attridge

Manifesto

Hi! I'm Jack! I have been a member of the JCR since this time last year, when you voted me as Socials and Events Officer. Since then, I've gained a wealth of experience with the JCR, including being co-opted as VP Socials! I feel this experience qualifies me to be a suitable candidate for your President!

So, what am I offering?

Collaboration with Colleges! - With the current politics happening at Lancaster, its more important than ever for the colleges to work together for your student experience. That's why, as your President, I will ensure that we continue to work with other colleges to bring you joint events (and spread the Furness spirit throughout the whole uni!)

Commitment to Furness! - As part of the JCR, I have been able to witness the dedication and commitment that goes into running the college events for you. I have been inspired by the enthusiasm that prior presidents and fellow JCR exec members have had for the role and I promise to continue this passion for Furness and its students if you elect me into the role.

An Open Ear! - I'm passionate about student voices being heard, especially within our college. So, if you elect me President, I will ensure that the opinions and wellbeing of students will be central to the events and operation of Furness and its JCR. The college wouldn't exist without students, after all!

Thank you for your time, and hopefully your vote! Up the Ness!

Furness College JCR Exec

President

Lena Szafraniec

Manifesto

Having served as Media and Comms for a year, i've seen first hand the importance of clear communication, planning and collaboration to the success of Furness. Through my role, i have developed skills which i plan to apply to ensure that every event runs successfully from the initial idea to the final occasion. I'll apply the same attention to detail that i put into media to wider furness projects, ensuring to spread the Furness spirit that is so ingrained in our college. The Furness image is something that i have worked hard towards building through all our media and so i'm especially passionate about maintaining the fun community feel to increase engagement with the college. Through media, i work with all members in the JCR and so understand their roles and what their aims are, i plan to use this knowledge to sufficiently lead the team and delegate tasks. I believe that the JCR is nothing without the wider college community and so i also aim to expand communication with Furness students to maintain a strong positive relationship. Being awarded JCR officer of the year at the most recent summer event reinforced my confidence in my experience, passion and commitment to the college and so i believe in my ability to be a president who is efficient and welcoming!!

Furness College JCR Exec

Vice President Well-being and Campaigns

Tyanna Cartwright

Manifesto

I want furness to be a welcoming, open student led space. The welfare of students is my main priority and this is shown by my current exec position as welfare on the netball team as well as my course in social work. Whilst on placement every decision i have made has been in the best interest of vulnerable people. I want furness to have fun events and be a safe space for all.

Furness College JCR Exec

Vice President Well-being and Campaigns

Emily Shipley

Manifesto

Hi! I'm Emily (Em) and I'm a first-year Linguistics and English Language student excited about the opportunity to potentially join the JCR!

My hope of being considered for the role of wellbeing and campaigns vice president for Furness comes from my strong desire to get involved with the JCR, specifically to continue the positive experiences new and current students get on campus through the student-led support system. Despite the stresses that university can bring, it is important to know that you have strong advocates behind you, and I can promise to be that, trying my very best to help you with any problem you may have – big or small.

I am especially passionate in giving everyone a space that they feel they can thrive in through pushing for inclusion in every way, as well as giving as many people as possible the confidence boost that is often needed when putting yourself in unfamiliar situations - especially within university.

My specific manifesto is to initiate and continue the following:

- Hold socials for meeting new people throughout the year so that likeminded people who are open to making new friendships can easily pursue this in a comfortable environment (especially those who struggled during Fresher's Week)
- Work to increase the number of sober socials so everyone can get involved with different activities
- Continue giving people an amazing university experience by helping to organise events and advocate to help solve your problems

Thank you for considering me for this position! 😊

Furness College JCR Exec

Vice President Socials and Events

Megan Ward

Manifesto

My name is Megan Ward and I'm running for VP socials and events because the JCR isn't just a space to learn and help people, but it's also great to grow your skills and gain confidence. Having been on the socials and events team for the last few months, I've helped the current VP organise Trev quiz and other events, and would love to get a more hands-on role for this coming year. I'd like to think I'm welcoming, friendly, talkative and easy to chat to, which is another reason why I would love the VP role; more liaising with people, organising events, and just generally getting to know the college advisors and, of course, the students! There's so much potential with Furness (being the best college, obvi) and I'd love to help it reach that potential!!

Furness College JCR Exec

Vice President Socials and Events

Hugh Pope

Manifesto

Bigger Range, Better Plans, Boosted College

My name is Hugh Pope, and I'm the man in the Banana Suit. In my 2 years in Sixth Form I led a team of 20 to organise school-wide events, and I'm eager to continue.

Our Bar Crawls and Town Events need an upgrade.

I believe that the potential for social events has gone underutilised. Our Trev Quiz is legendary. We take in a massive turnout every week, there's excitement running through the pub, and the champion wins a prize from Sultan's very own Bossman. Why not keep the competition alive? A healthy contest adds life into a good social.

Everyone deserves Fun.

Furness College's community is incredible. We stand under the purple banner, united by Robbie Williams' Angels, bringing the most wherever we go.

Sadly, **I don't think there's been enough for everyone to enjoy.** The nature of a Social is the loud, intense atmosphere, with heavy drinking culture. Many are fine with this, but doesn't concern the *entire college*. I believe we need to **do more for the minority**, and offer something for everyone. Figuring out the balance will be interesting, but I'm prepared for the responsibility.

Finally, **you will be safe** at my events. To put people in danger of spiking would be a catastrophic oversight in my role, so any venue we attend will be thoroughly screened and researched. The bare minimum is not enough, and I can guarantee you will be looked after.

#UpTheNess

Furness College JCR Exec

Vice President Democracy and Finance

Theo Rice

Manifesto

Hi! I'm Theo, your current VP Democracy & Finance Officer!

About me:

- I have spent this term as VP Democ & Finance Officer, after being co-opted at the end of last term!
- I've strived to understand what is most important in how this college works, built relationships in LUSU, and now feel confident that I can be a dependable and effective DFO
- I was brought up on Robbie Williams, so I've always known the words to Angels, and will continue to sing it at every opportunity!

Going forward, I will:

- Apply the knowledge I've gained this term to ensure that the JCR Exec runs smoothly into 2026
- Ensure all departments are communicating properly and help JCR exec members feel able to focus on carrying out their responsibilities – providing the best Furness College experience we can!

As for the Finance part of my role:

- I have done and will ensure that we spend every penny most effectively on you!
- I reduced the cost of the Bake Off in Freshers' Week by shopping around to find the least expensive ingredients I could in Lancaster
- Arranged to subsidise the price of winter ball tickets

If you vote for me, I will do everything in my power to keep Furness the best college on campus. Up the ness! :)

Furness College JCR Exec

Vice President Democracy and Finance

Oliver Beattie

Manifesto

Hi! My names Ollie and I'm running for the role of VP of Democracy and Finance. Already I am the treasurer for LUBarbell so you know your money's in the right hands. I've managed budgets, planned events, and made sure every penny goes toward improving the club and supporting its members. It's taught me how to be organised, reliable, and financially responsible.

Furness College JCR Exec

Media and Communications Officer

Kayla Galbraith

Manifesto

Hi!! I'm Kayla Galbraith and I'm running for your media and comms officer for 2026. I've been a part of the JCR for the last two years, and I've always enjoyed my time on it and my role in the college. I was the media and comms officer for the 2024 academic year which involved the weekly schedule of posts, the trev times (the college newspaper) and simply bringing ideas as to how to make the college media more engaging. One of my favorite achievements was bringing more student faces to the furness instagram, moving away from the "only purple canva posts" vibe I mentioned in my manifesto! I really enjoyed making our media feel more personal and lively. As womens+ welfare this year, I've loved representing the women's+ community through wellbeing events, from bracelet making to cupcake decorating. Meeting and chatting with new people, both within and beyond the college, has been one of the highlights of my time at furness. I'm so proud of how our events bring everyone together. It's been a joy to have a voice in representing furness over the past two years, and I'd love the opportunity to continue doing so. As media and comms, I plan to continue developing the tiktok, create inclusive content, and feature as many furness faces as possible on our instagram, showcasing our connected and vibrant community! I'm so grateful to be part of the best college and as always, forever up the ness! :)

Furness College JCR Exec

Social and Events Officer

Will Greer-Waring

Manifesto

JFK would've voted for me

Furness College JCR Exec

Social and Events Officer

Gabe Vandvik

Manifesto

As Social and Events Officer I will endeavour to bring new, more open, events to all of Furness College and beyond. Although we have Trev Quiz, the 15 hour social, and a smattering of other events throughout the term, they feel lacklustre relative to what could be. We could be running variations upon Traitors, Taskmaster, and OnlyConnect to name but a slim variety of viable shows ripe for the transference into readily accessible and unique things that all of Furness can enjoy. Collaboration is essential for development of any program and so the best thing we can do is meet with other societies who offer things like debating, dance, board games, and whatever else the Social and Events board decide to look into. With events like these brought into the mighty college of Furness, we can ensure that dozens, ideally more, people truly get stuck in to all things related to the college and so foster a spirit of community and co-operation. I am the man best suited to doing all I promise, as well as continue to do what wonderful work the JCR has been doing, as I have demonstrated time and time again throughout my life running events ranging from debates, University Challenge, OnlyConnect, and MUN in my previous school to hosting Furness Traitors for over 25 people. I have my qualifications, I have resolve, and as shown by my writing I have enough confidence to back myself fully. With me, people will understand why Furness' motto is: "Everywhere_else_is_nowhere".

Furness College JCR Exec

Social and Events Officer

Nathan Jost

Manifesto

Hello Furness, I am Nathan, and I believe you should vote for me for Social and Events officer because I am passionate about Furness being and still remaining the greatest college in Lancaster by a mile. My plans for Furness is to ensure that the social events that are key to Furness being so great remain and are made only better and that we introduce new and exciting social events and ideas as decided on by you, Furness' finest. That means keeping the events that make Furness so great, the 15 hour social, the Trev quiz every Thursday, Trevaoke(more frequently too perhaps!), the bar crawls, the winter ball plus many many more. We will also expand on the selection we have by offering more social events to reach a wide range of people and ensure people know for certain Furness is the best college. These ideas are not just for me to decide though, it is for you, the best Furness has to offer, to decide. You can suggest your own ideas, we can debate them, we can have them voted on too. You get to decide what to make your time at Furness! With that, please vote for me, not just because you want to, but to ensure your time at Lancaster was spent being in the greatest college there ever was or will be!

Furness College JCR Exec

Social and Events Officer

Sophie Green

Manifesto

Hello!

My goal as Socials and Events officer would be to both maintain the high current standard of events run by the JCR, and work to further develop these events (alongside the possibility of new events) to enhance and enrich your university experience.

Having attended many events previously, and by talking to friends, the importance, and importance of care, in producing social events is clear. I will work to make sure there events that the JCR puts on are exciting, but also welcoming and friendly spaces. Having previously been Head Girl in sixth form, the experience of planning prom for many others taught me much that I believe will be essential in this role. Organisation and proactive decision making skills are just to name a few.

I believe feedback to be one of the most useful ways to gauge opinions and desires, as after all, the events are for you. So, in the role I will collect reviews and thoughts both before and after events, so that the events can continue to be better and better.

Thank you for your consideration!

Furness College JCR Exec

Social and Events Officer

Sports Officer (Men's+)

Tom Gilman

Manifesto

Hi everyone, I'm Tom your current Men's+ Sports Officer and I am applying for another term as your Sports Officer. One of the reasons why I am reapplying is I want to have the opportunity to finish planning and run Patriots for 2026, and bring it home for the 4th time in a row. Another aim for the future of college sport is to develop the teams and opportunities for Furness people when participating in healthy activities that can be college or LUSU run. I also have experience as JCR democracy and finance officer for 2023-2024 when we were voted JCR of the year. Also, I am part of Furness Bar Sports, Football and Open Netball, so I bring a wide range of experience to the table which helps give me a balanced viewpoint when making decisions on what is necessary for each college sports team.

Furness College JCR Exec

Women's+ Representative

Kacey-Leigh Mackin

Manifesto

I'm a first-year Media and Cultural Studies student with a minor in Gender and Film Studies, and I'm running to be your Women's Representative Officer because I believe every woman deserves to feel empowered, supported, and heard both on and off campus.

From a young age, I've been creating spaces for girls and women to connect and grow together. In primary school, I founded a club to help girls prepare for the move to high school, it was a safe space to talk about confidence, friendships, and change without feeling judged by the boys in our class or teachers, seeing the impact of those small clubs showed me how it's not just one person who makes a difference, it's a community and that's why I would like to join the JCR.

My goal as a first generation going to university is to just create a loving community where we can all correct each others wrongs and fix what can be rightened, I like to speak out on injustice and more than anything I like to be around people. So as your Women's Rep, I'll fight for safer, more inclusive spaces on campus, better access to women's health resources, and more open conversations about equality and representation.

Thank you for your consideration!!

Furness College JCR Exec

Men's+ Representative Officer

Anderson Tang

Manifesto

I am Anderson Tang, and I am running for Men's+ Representaitve because I want to make Furness a space where men+ feel heard, supported, and included.

As your current International Rep, I've already worked to build community and make sure no one feels left out — and I want to do the same for men+.

Vote for me if you want someone approachable, active, and genuinely passionate about student wellbeing.

Furness College JCR Exec

International Student Representative Officer

Matthew Wong

Manifesto

My name is Matthew Wong, currently a year 2 maths student. I have been living in UK for 5 years since moving here from Hong Kong. I understand the struggles that international students would face while studying in a new country. I would like to make Furness college to have even more inclusivity, especially for international students. For example, making the Buddy's scheme more well known to current furness students, or even organising events for students from different cultures. In conclusion, I want to make Furness an even more welcoming space for international students as well as for local students.

Furness College JCR Exec

International Student Representative Officer

Alex Hall

Manifesto

I am currently the Mens+ Wellbeing Officer for Furness, and I am running for International Students Representative Officer in hopes of solidifying the progress made by the wellbeing teams during my time within the JCR.

This will be the third year I have ran for the college exec, and over that time I've seen it develop a strong foundation of events over time. Now that we have a stronger financial backing for these events, I will look to perfect their timing, running and encourage other members of the exec to take the resources offered to them and put them to work.

How this will look to you is that there will be more offered in wellbeing events such as coffee hour and international events, where I am looking to introduce snacks and board games; a continued support of craft events that have proven themselves to be popular amongst students; and the continued provision of free condoms and tampons in the Furness lobby.

I will also look to make sure these events are places for open discourse, for people to talk more directly about what they may feel is missing from Furness. Whether these are cultural holidays that we could show more support for or even campaigns that you personally hope to see supported by the college.

I will be running for International Officer on the basis of supporting incoming officers and ensuring that they have the tools they need to create the community you want.

Thank you for reading through :)

Furness College JCR Exec

Sports Officer (Women's+)

Taya Hodges

Manifesto

Hi! My name is Taya and I am running to be your womens+ sports officer. I am qualified for this role as I have been sports officer for the past year and also shadowed as a sports officer the yer before that. I received amazing advice from the past sports officers that led me to become successful is achieving our 4th patriots win in a row woohoo! The reason I want to do the role again is I want to achieve a 5th win in a row for patriots. I also want to continue representing women+ athletes of all levels from solving problems womens+ athletes have had to deal with to attending meetings to stop sexual harassment is sports. I am passionate about these causes as I have seen and experienced the difficulties of being a woman in sport and how much we are unrepresented in sports. My goal this year is to continue growing Furness sport for everyone and be a friendly face to come to with any concerns about their sports or team. Thank you so much for taking the time to read my manifesto, I hope my goals are aligned to yours for Furness sport and you will vote for me. :)

Fylde College JCR Exec

President

Erica Grecu

Manifesto

As Fylde JCR President, I want to ensure that every student feels represented, included, and supported throughout their time at the college. My main focus will be on strengthening communication between students and the JCR, ensuring decisions reflect the needs and priorities of the Fylde community. I aim to make college events more accessible and varied, balancing social activities with opportunities that promote wellbeing and inclusion.

I will also work to increase transparency in how the JCR operates, through regular updates and open discussions, so that every member of Fylde feels they have a voice in shaping our college environment. Above all, I want to maintain Fylde's strong sense of community while continuing to improve the experience for all students, whether through better representation, more engagement, or a stronger support network.

Fylde College JCR Exec

Vice President Socials and Events

Shamila Giatsi

Manifesto

Fylde,

Last year we proved something big: socials don't have to be average to be inclusive, and they don't have to be exclusive to be unforgettable. We brought people together across every friendship group, and made Fylde feel like a community again not just a postcode on campus.

Now What? I'm not done infact I'm just getting started. I was elected at the end of last year so i haven't had an opportunity to flex my skills.

You deserve a VP Social who will go bigger, funnier, smarter, and bolder.

You deserve someone who listens, delivers, and actually shows up.

So hi, I'm Shamila and I'm asking for your vote again to keep the energy going.

What's Next? My 2025-26 Plan

- More variety of Socials
- Socials For Every Mood

Not just club nights. Think:

- cosy craft evenings & cocktail nights
- chaotic campus games
- cost-friendly hangouts
- celebratory events

Fun shouldn't depend on your budget or personality type.

We can Fylde the College to beat

No one does atmosphere like Fylde. I want other colleges copying us.

You Pitch, I Deliver

I want to have an open idea box. Fast turnaround. No ignored suggestions.

If it can be done I will make it happen.

What You Can Expect With Me

- Reliable organisation
- Events that feel personal
- Inclusive energy
- Creativity
- Safety, respect, and actual fun

Vote for me because Fylde deserves socials worth leaving your room for.

And frankly... nobody else is doing it like us.

Fylde College JCR Exec

Vice President Welfare

Alina Qu

Manifesto

Hi! I'm Alina, your current Vice President Welfare, and I'm thrilled to be running again for next year! Over the past years, I've 100% loved supporting Fylde students and building a warm, inclusive community through events like mug painting, CNY event, and our guide dog fundraiser!

My focus has been on making sure every student feels valued and supported - whether through welfare events, casual chats, or collaborations with other colleges. Next year, I hope to grow our *ActiviTEAs* initiative and introduce more fun, creative ways for students to unwind and connect ;)

Fylde just means so much to me, and I'd be honoured to keep working to make it a place where everyone feels happy and belonged!!

Fylde College JCR Exec

Chair & Democracy Officer

Alisdair Thompson

Manifesto

Hi, I'm Alisdair, a 3rd year History student who is your current Chair and Democracy Officer! I was previously your Welfare Officer on the JCR, so I have a wealth of experience at my disposal to work right beside our President. I have had the pleasure of organising two welcome weeks, managing welcome reps, and leading social events. I would love to continue working on future events with the rest of the team and promote the fantastic community we have at Fylde College.

My aims as Chair and Democracy Officer are to facilitate all the teams within the JCR (Socials, Welfare, Sports, etc.) with the necessary equipment and funding to carry out the events members of the college desire. Together, with the President, I will hold our departments accountable to ensure that we can effectively work as a team to deliver amazing events to you guys! Furthermore, I am eager to aid our JCR departments personally, in order to get the maximum out of our budgets and our teams. As an ex-Welfare Officer, I endeavour to prioritise inclusion and diversity, and aspire to make everyone feel welcome in the college space.

I would love to continue my work with the Fylde exec, the last year and a half has been an amazing experience, and I would be honoured to round off my final year giving back to the college that has given me so much. I'm happy to take any questions directed to a.thompson14@lancaster.ac.uk.

Fylde College JCR Exec

Communications and Publicity Officer

Ann Chiang

Manifesto

I'm excited about the opportunity to rejoin the JCR team and bring my media and communications experience back to Fylde College. Having previously worked in this role, I understand what it takes to make our college a welcoming place for every student.

My skills with Photoshop, Premiere Pro and Canva have allowed me to manage our social media content effectively, creating engaging visuals and videos that keep everyone informed and connected. I'm ready to bring fresh ideas and energy to enhance our digital presence even further.

I am committed to bringing new ideas and a renewed energy to this role. With your support, I am ready to leverage my digital skills to not only maintain but also innovate our online interactions, ensuring our digital platforms are both informative and inspiring. Together, we can create an even more connected and dynamic Fylde College.

Fylde College JCR Exec

Communications and Publicity Officer

Holly Edwards

Manifesto

Hi everyone! My name is Holly, and I am running to be your Fylde Publicity and Communications officer. I believe that clear communication is one of the main aspects to maintaining inclusivity and vibrancy of the college. As your publicity and communications officer, I plan to foster transparency of all ongoing events, so all students are informed and represented.

I have experience using Canva to create informative posters and leaflets to advertise charitable events to raise money for Marie Curie. These posters were creative and fun so they stood out but still included all key dates and details for every event.

Fylde College JCR Exec

Sports Officer

Otis Parrish-Sims

Manifesto

I'm running for a 2nd term as sports officer because I'm passionate about increasing accessibility and participation in Fylde College Sports. I feel that the community is so special to be a part of and want to get as many people involved in any of the three amazing clubs we have to offer. Organising events in freshers week this year, such as Rounders and Netball, and seeing so many freshers participate was such a highlight. I'd love to continue in this role, especially for Titans this year!

Fylde College JCR Exec

Sports Officer

Eva Jones

Manifesto

I'm running for 2nd term sports officer as I want to increase participation in and amongst college sport whether it's playing, supporting or socially. As an exec member of Fylde netball, I have truly enjoyed seeing the community build and grow. I loved being a part of titans last year so am looking forward to organising an even bigger better one this year. Thank you. Eva xxx

Fylde College JCR Exec

Socials Officer

Lucas Laurentino Constantino Laurentino

Manifesto

Hey Fylde! I'm running to be Social Officer because I want to make sure our college stays the most fun, friendly, and lively place on campus. Fylde already has an amazing reputation for its socials and community spirit, and I want to keep that going with events that everyone can enjoy.

Fylde College JCR Exec

Socials Officer

Maanya Betha

Manifesto

Hey Fylde! 🧡

I'm Maanya, a third-year student and your current Socials Officer — and I'd love the chance to continue doing what I love most: creating unforgettable experiences for our Fylde family - which I have been doing for the past 2 years.

In my time as Socials Officer, having helped deliver some of Fylde's biggest events — **Winter and Summer Ball, Freshers' Week** (for the past two academic years), and **Mental Health Days** — alongside countless smaller socials throughout the years, and having worked with **three different Fylde Presidents**, I know the role inside out and my experience will definitely prove to be valuable.

Fylde has always been more than just a college to me — it's been a community that feels like home. I want to keep building that, where every student — whether new or returning — can find a place to belong to, feel welcome, and make memories.

Outside 2 Years of JCR, I've been an **Academic Rep, Socials officer for TamilxMallu Society** and the **Indian Dance Society**, giving me almost **three years of experience** hosting events, collaborating with teams, and helping students feel included and valued.

If re-elected, I'll keep pushing for **bigger, better, and more creative socials**, making sure they're **fun, affordable, and inclusive for everyone**. Fylde's spirit and the way it's home, makes it special, and I want everyone to feel the same.

Vote Maanya for Socials Officer — because everyone deserves to feel like Fylde is home. UP THE MILL! 🧡

Fylde College JCR Exec

Welfare Officer

Yaqub Debbih

Manifesto

As your Welfare Officer, I am committed to creating a college community where every student feels valued, supported, and heard. University life can be exciting, but it can also be challenging — mentally, financially, and socially. My mission is to make sure no one faces those challenges alone. I will work to improve access to mental health resources, and create safe, inclusive spaces for all students. I will aim for transparency in welfare policies and collaborate with student societies to promote wellbeing events and peer support networks. Listening to your concerns will be at the heart of everything I do, and I will turn that feedback into real action. Together, we can build a healthier, kinder, and more supportive campus where wellbeing is not an afterthought, but a shared priority.

Fylde College JCR Exec

Welfare Officer

Jaya Hughes

Manifesto

Hey, I'm Jaya and I'm reapplying to be your Welfare Officer!

This year has been such an amazing experience — I've loved meeting so many new people through the JCR and during Freshers' Week, and being part of a team that truly supports everyone in Fylde.

I've really enjoyed planning and running welfare events that bring people together and promote wellbeing, and I'd love the chance to continue doing this. Some events I hope to organise include gingerbread house making, relaxing yoga evenings, and wellness walks. I'd also love to arrange trips to the Lake District, Manchester, or even a Craft & Common outing in town to help everyone take a break and connect outside of uni.

I'm a friendly and approachable person who's always happy to help. I care deeply about making people feel comfortable and supported, and I've attended workshops on managing anxiety and emotions to help me do this more effectively. I also plan to hold welfare events during exam periods and times when seasonal depression may affect students.

After Freshers' Week, I realised how much I enjoy this role — talking to people, checking in, and helping them feel better. As someone who used to be shy about reaching out, I now understand how important it is to look after one another.

I'd love to continue supporting Fylde and making it a welcoming, caring community for everyone! ❤️

Fylde College JCR Exec

International Officer

Olive Jain

Manifesto

Hi everyone! I'm Olive Jain, and I'm running to continue as your International Officer for a third year. Having proudly held this role for the past two years, I've worked hard to make Fylde a more inclusive, welcoming, and globally connected community. From organizing events like International Movie Night, Cooking Night, to helping new international students settle into life at Lancaster, I've seen firsthand how meaningful cultural exchange can bring our college together.

If re-elected, I aim to expand our international events calendar, create more collaborations with other colleges and societies, and introduce "Cultural Weeks" celebrating food, music, and traditions from around the world. I also want to strengthen support systems for incoming international students from arrival to integration ensuring no one feels left out or lost.

Fylde's strength lies in its diversity, and I want to keep that spirit alive. With your support, I'll continue building bridges across cultures and making Fylde a true home for everyone, whether you're from down the road or across the world.

Graduate College PG Board Executive

President

Finn Van Breugel

Manifesto

As the previous president of Lonsdale College, I know what it takes to build community feel and form meaningful relationships within a college. I would focus my work as PGboard president on building a college where everyone feels welcome to turn up to events, where people can make friendships and have fun in what can be a stressful time whilst doing a postgraduate degree.

I also feel i can best represent the student body due to my past experience holding many roles on the Lonsdale JCR as well as on the basketball society exec. My relationships within the students union and university mean that i'll be able to project student voice in the places that are most important and i will put the needs of all postgrad students above everything.

My prior experience in union assembly and sports committee have shown that i can make change for the better on decision-making boards and put the priorities of the student body first.

Graduate College PG Board Executive

Wellbeing Officer

Katie Greenway

Manifesto

As Wellbeing Officer, my aim is to promote a supportive and inclusive community where every member of Graduate College can thrive whether you are studying on campus or from a distance. I believe that positive mental wellbeing should be at the centre of our community.

Promoting Positive Mental Wellbeing

- I will work on behalf of Graduate College to promote positive mental health through inclusive and engaging activities such as wellbeing walks, drop-in sessions (in person and online), and awareness campaigns that will encourage open and meaningful conversations about mental health. These activities will help build connections, reduce isolation, and remind us that no one has to face wellbeing challenges alone.

Supporting All Students

- I recognise the challenges faced by distance learners and students with caring responsibilities who often balance multiple demands alongside their studies. As someone with caring responsibilities myself, I understand first-hand how difficult it can be to manage academic commitments alongside personal care roles. To ensure accessibility, online participation sessions and wellbeing spaces will be provided, creating opportunities for students to connect with others who share similar experiences.

My Commitment

- My goal is to make Graduate College not only a place of learning, but a supportive community where everyone feels valued.

Graduate College PG Board Executive

International Officer

Sazia Arshad

Manifesto

Candidate: Sazia Arshad

Slogan: “Bridging Cultures, Building Voices” 

As an international postgraduate student and a former advocate from India, I believe in the power of representation, dialogue, and unity. Having worked in environments where every voice matters, I want to bring that same spirit to our student community.

If elected as your International Officer, I will ensure that every international and postgraduate student is seen, heard, and supported — not just during their studies, but throughout their entire journey at the university. I aim to strengthen communication between students and the university board, ensuring that our diverse experiences shape real decisions and positive change.

My focus will be on:

Fair representation of all international postgraduates in decision-making spaces.

Creating a stronger support network to address academic, cultural, and wellbeing challenges.

Encouraging cultural exchange so that our diversity becomes our shared strength.

Together, we can build a truly inclusive environment where every student — regardless of background or nationality — feels empowered and valued.

 Vote for Sazia Arshad — Your Voice Matters

Grizedale College JCR Exec

President

Haneef Shittu & Suhaani Hardikar

Manifesto

We're Haneef and Suhaani — your current Co-Presidents — and we'd love to keep repping you for the rest of the year!

This year we've put our hearts into making Grizedale bigger, better, and more inclusive than ever. We ran Freshers' Week and introduced brand-new events that the college had never seen before — like the Awards Night and the Hungover Brunch — which were a massive hit. Seeing everyone come together and enjoy what we created reminded us exactly why we love this college so much.

We've already started making changes that matter, like bringing in the brand-new Women's Football Club to give more people the chance to get involved. From socials to sports, we want Grizedale to be a space where *everyone* feels welcome, seen, and celebrated.

We were also the ones fighting to keep the bar open — because we know how important that space is for our community. It's more than just a bar; it's where memories are made and people connect.

Looking ahead, we've got some massive things in the works — an incredible Winter Ball, huge improvements to Warriors (our yearly battle with Pendle 🥊), and loads more to come. And since it's Grizedale's 50th this year, we're doing everything we can to make it one to remember.

We've done a lot, but we're only just getting started. Vote Haneef & Suhaani — for passion, progress, and a Grizedale that keeps getting better!!!

Grizedale College JCR Exec

President

Oliver Casebourne

Manifesto

Hi guys my name is Oliver Casebourne and I believe I am the man to be president of Grizedale. My first concern is the bar. To put it simply it sucks, especially compared to fylde and Trevor. Firstly we should be opening the bar on bar sports nights as it would be utilised throughout that night. We also need to talk about the drinks. Only having Amstel on tap is a travesty and being known as a cocktail bar, we should have a wider range of them. Another point would be our sports teams. Whilst there intas are very active, the main college account could help by posting when and where there matches are attracting more support and creating a better atmosphere. This would make it more enjoyable for the players and the spectators would also have a good time. Whilst some socials like the quizzes are good, these are only a few. We could definitely utilise the bar more for these nights instead of it being on the side and the free food should be for only Grizedale members and should followed by games in the bar creating a better atmosphere. With our mascot being a hog, there are some of us that would like to see this more across campus. I believe that with me at the helm, I can return Grizedale to being the social and vibrant college it was once known to be. Thank you for reading this and MAKE GRIZEDALE GREAT AGAIN.

Grizedale College JCR Exec

Vice President Democracy and Finance

Will Weller

Manifesto

About me:

Hi everyone, my name is Will and I'm a 2nd Year studying Accounting and Finance. I am running for VP of Democracy and Finance because I have a genuine care about the way Grizedale operates and all the people that are a part of our amazing college. On top of being a rep for the freshers this year, I would love the opportunity to become more involved and help out the college in more ways by taking on this role's responsibility.

The "Accountancy" part of my degree gives me the necessary skills to write up budgets and expenditure forecasts. I can put these skills to good use in this role and place our college in a more stable financial position through budgeting more efficiently, whilst keeping the events as fun as they can be.

What I will bring if elected:

- Maintain all democratic procedures within Grizedale
- Commit to making the money in the college go further when planning events
- Aid the rest of the JCR in making the college as effective / practical as possible
- Push for clearer communication between JCR and GZ members on funding decisions and how spending is prioritised
- Suggest more event collaborations with other colleges.
- Be proactive in securing funding from LUSU.

If you have any questions you want to ask (position related or not), or just want to chat, my Instagram is: @will.wellr

Lastly but most importantly, **DONT FORGET TO VOTE ME (WILL) TO BECOME YOUR NEW VICE PRESIDENT OF DEMOCRACY AND FINANCE!**

Grizedale College JCR Exec

Vice President Democracy and Finance

Connor Winter

Manifesto

My name is Connor Winter, and I'm a 3rd year Economics and Politics Student. This is my third year serving on the Grizedale JCR, and I have held the position of Vice President Democracy and Finance for one year.

I'm running for re-election because I believe I have the experience necessary to keep Grizedale running smoothly. Navigating the Student Union's regulations and procedures can be complex, but by choosing an experienced candidate you can ensure that Grizedale continues to run smoothly. Especially during challenging times with funding cuts and increasing financial pressures.

During my time as VP Democracy and Finance, I have:

- Helped delivered one of Grizedale's most financially succesful Fresher's weeks ever
- Managed the budget for all socials and events, including the Winter Ball
- Rewrote key sections of the Grizedale constitution, turning it into a clear, functional document that more accurately represents the college

If re-elected, I'll continue to make sure Grizedale's finances and democratic procedures remain transparent and well-funded, and that our JCR runs smoothly for everyone.

Grizedale College JCR Exec

Vice President Socials & Events

Haider Nasser

Manifesto

Hi, I'm Haider, a second year Law student, I'm re-running to be your VP Socials & Events.

Why Me?

I'm passionate about keeping Grizedale fun, friendly, and full of life. I want our socials to be something you actually look forward to every week — whether it's a big night out in the amazing sugarhouse, a themed party, or a chilled evening with mates.

I've helped plan Freshers' Week, the legendary end-of-year Mamma Mia Party, and our weekly socials, all with fantastic turnouts. I'm also currently planning the Winter Ball, because who doesn't love an excuse to dress up and pretend to be classy for one night?

These experiences have shown me how to plan events that actually work — fun, inclusive, well-organised, and with just the right amount of chaos behind the scenes.

What I'll Bring

- Bigger and better socials: more variety, more creativity, and more reasons to celebrate.
- Affordable fun: great nights that won't empty your student loan.
- Inclusive vibes: everyone's welcome — no one left out.
- Better communication: you'll always know what's on and why you shouldn't miss it.

My Promise!

If you vote for me, I'll make sure Grizedale stays the college for unforgettable nights, unbeatable socials, and unmatched energy.

Grizedale College JCR Exec

Vice President Socials & Events

Christian Faccioli

Manifesto

Do you remember what was written when you applied for your first year accomodation?

I do, it said that Grizedale was the "social college"

Ever since freshers, I have barely heard of any of the non-society related college events. The college I was sold as the "social college" has left a lot to desire on that front. If elected, I promise to make Grizedale events worthy of its slogan.

This includes:

- Improved marketing for the events
- a bigger focus on Grizedale bar as the venue
- making sure the excitement doesnt wear off after freshers
- better integration within standard accomodations

Help me make Grizedale what they told us it would be.

Grizedale College JCR Exec

Vice President Welfare and Education

Erinna Walker-Jones

Manifesto

Hi everyone, my name is Erinna Walker- Jones, I am currently studying Advertising and Marketing, and I would love to have the opportunity to continue as your VP Welfare and Education.

I would be a good candidate for this role as I am friendly and approachable and will ensure to be a friendly face within Grizedale College by ensuring that all members can approach me no matter the issue.

I will ensure to continue to prioritise the wellbeing of everyone within Grizedale College by making sure that it will be a safe and friendly community for all members.

During my time as your Vice President of Welfare and Education I have:

- Worked with the current men's and welfare officers to plan a range of events such as paint and sips, free food events, celebratory events such as Chinese New Year etc.
- I have also organised drop-in sessions alongside my welfare officers so students can come and speak to us if they have any concerns or issues
- Planned fresher's week for this year which included planning a variety of events such as bingo, quizzes, movie night and painting events
- Worked with the Mens welfare officer to launch an anonymous whatsapp chat for concerns and advice
- Helped organise a Movember charity fundraising weekend

What I plan to do if have the opportunity to carry on within this role?

- Offer more crafty events such as plate decorating, pot painting etc
- Welfare drop-in study sessions.
- Destress activities
- Charity fundraising day
- Free food events

Grizedale College JCR Exec

Social and Events Officers

Eva Samsieva

Manifesto

Hi,

My name is Eva, a second year marketing Management student, and I believe I have the needed qualities and skills to continue being a socials and events officer of our college. This includes skills such as time management, as I have to balance being part of the JCR whilst also a student, and team work, as we have to work together in order to ensure that events run smoothly. Furthermore, I am a good communicator, which is important as we have to talk about events, attending, setting up and much more. Lastly, I enjoy being part a big part of our college by helping in the setting up of events, such as Grizzle Quizzle, and making sure everyone enjoys their time whilst being part of our college.

I would like to be given the opportunity to be socials and event officer again, so I can aid with events, some in our amazing bar!

Grizedale College JCR Exec

Social and Events Officers

Sabine Medne

Manifesto

As your next Socials and Events Officer, I want to make sure every student has the chance to experience what this community has to offer to the fullest. If elected, I'll create a vibrant, varied calendar of events that reflects the diversity of our students. From unforgettable nights out in Sugarhouse and themed college socials to relaxed coffee evenings and wellbeing-focused activities, there'll be something for everyone. I plan to work closely with college JCRs, societies, and sports teams to support collaboration, improve communication, and ensure every group gets the spotlight they deserve. I'm organised, approachable, and extremely passionate about bringing people together. Whether it's a massive campus celebration or a small gathering that makes someone feel at home, I aim to make every event contribute to a stronger, more connected community.

Grizedale College JCR Exec

Social and Events Officers

Hayden Khan-Speak

Manifesto

Hey everyone, I'm Hayden, a first-year Law with Politics student, and I'm running for Social & Events Officer because I think Uni shouldn't just be about deadlines and lectures — it's about the memories, the people, and the nights you'll still be talking about next year.

I'm all about bringing people together, whether that's through big themed parties (PJ's is my fav), or spontaneous social events that make the week a bit more fun. I want every student to feel included — whether you're the life of the party or someone who just wants a laid-back night with friends.

If I get the role, I'll:

Plan events that actually match what you want — think quizzes, karaoke, club nights, games, movie marathons, and maybe a few surprises.

Hype them up properly so no one misses out (and yes, there'll be good vibes and better playlists).

Make sure every event is welcoming, affordable, and easy to get involved in.

Always take suggestions — because the best ideas usually come from you lot anyway (love you guys)

I'm organised when I need to be, chill when it counts, and always up for getting involved. Let's make college life more fun, more social, and way more memorable.

Vote me for Social & Events Officer or don't...

Grizedale College JCR Exec

Social and Events Officers

Emily Smith

Manifesto

Hey all! My name is Emily, I'm a first year Law student, and I am running to be your social and events exec. Uni doesn't always have to be about work all the time, it should be about the time spent with your friends, if that's going out or staying in for a sober social, I want to be the one who makes sure you love every single one of them. Whether that's planning the next best freshers week, or finding things for everyone to be involved in throughout the year. Because who doesn't want to have a good time!

A bit about why I personally think you should vote for me... I have previous experience in running my 6th Forms social and media team, so I know what it takes to make the perfect event. I love a good night out so you can guarantee that I will be at all the events making sure you also have a good time. I love working with others in a team to think and create the best experience for everyone, so if you ever have any ideas or suggests I would always be free to discuss and hear out possible social events.

And as I am running out of word limits, the last thing for me to say is vote for me for the JCR!!

Grizedale College JCR Exec

Women+ Welfare Officer

Faith Neale

Manifesto

Hi, I'm Faith, a second-year Criminology student, and I'm standing for Women's+ Welfare Officer because I understand how important it is to feel supported, listened to, and safe. Throughout my time at Lancaster, I've had my own experiences navigating welfare services, moments where I needed someone to talk to, someone to advocate for me, or simply a place to feel I belonged. These experiences made me realise how vital accessible, compassionate support is, and the difference it makes when someone in this role genuinely cares. I want to be that presence for others in Grizedale.

University life brings excitement, independence, and growth, but also challenges. No one should face these alone. If elected, I will focus on three main areas:

Support and Accessibility: I will offer confidential, non-judgemental support and improve signposting to mental health, sexual health, and academic services. I will aim to create concise posters and leaflets so ease anxiety when reaching out for help.

Community and Empowerment: I aim to build welcoming spaces where Women's+ students can connect through termly socials, drop-ins, and discussion groups, in collaboration with LGBTQ+, cultural, and disability networks.

Safety and Awareness: With my current studies, I understand the importance of safety, consent, and prevention. I will advocate for stronger responses to harassment and spiking and host workshops that empower and educate, not lecture or overwhelm.

Thank you for taking the time to read my manifesto

Vote Faith, for a Grizedale where every Women's+ voice is heard.

Grizedale College JCR Exec

Women+ Welfare Officer

Erin Nuttall

Manifesto

About me:

Hey! I'm Erin, I'm a second year studying Economics BSc. I am running for the role of Women's+ Welfare because I would love a change to represent and aid the marginalised communities within our college, as someone who identifies as Non-Binary, a Lesbian and being a recipient of DSA. This I feel allows me to bring a lot to the role in a very personal way.

Being on the Exec of Women's Rugby this year has given me great organisational skills as well as the role of Social Secretary having a big focus on welfare which I think prepares me for this role. Similarly, I received the award for the best freshers rep at the start of this year showing my capabilities on the more interpersonal and forward-facing aspect of the role, as well as my love and dedication to the College.

If Elected, I will:

- Campaign for women's mental health and the LGBTQ+ community
- Collaborate with other colleges, as well as other groups like Consent collective and women's sports
- Aim to run drop-ins for any women in the college about anything I can either help with or signpost you to people who can

If you have any questions, feel free to message me on my Instagram:

@erinstingingnuttall

I would love your vote for me as your Women's+ Welfare Representative on this years JCR.

Grizedale College JCR Exec

Men+ Welfare Officer

Fernando Hegenberg

Manifesto

Hi, I'm Fernando, and I'm running for Welfare Officer because I want to make sure Grizedale students feel supported. University can be tough, and I want to help everyone find the resources they need, whether it's for academic support, mental health, or just someone to talk.

Here's what I'll focus on:

Raising Awareness of Resources

Even though mental health services are accessible, I want to make sure every student feels confident using them. I'll raise awareness and break down stigma around seeking help, through social media, posters, and student-led campaigns.

Wellbeing Check-ins

I'll set up informal wellbeing check-ins where students can chat, play games, bring up any issues or simply unwind. These sessions will be a relaxed space for students to connect, share, feel heard and they will help students assess if they need further support.

Collaborative Events and Campaigns

I'll collaborate with other JCR members to organize events and campaigns focused on mental health and supporting people's overall wellbeing. Together, we can foster a community where self-care is valued as much as academic success.

Why vote for me?

As a Fresher Rep during Freshers' Week, and now as an Academic Rep and EPALS Coordinator, I've supported and represented students. I'm approachable, dedicated, and committed to making Grizedale a more supportive place for everyone.

Vote Fernando #1 for Men's Welfare Officer!

Let's Connect:

Check out my LinkedIn: www.linkedin.com/in/fernando-hegenberg-a4b610332/

Feel free to message me on Instagram: fernando_hegenberg – I'm happy to answer any questions or listen to suggestions!

Grizedale College JCR Exec

Men+ Welfare Officer

Rob Bayley

Manifesto

Hello, my name is Rob Bayley and I am running for the position of Mens welfare officer. I am going for this position as I am a social person and love to interact and help with people however they need it. I believe that this is an ideal quality for the position, as it creates a welcoming environment for those who need it.

If I get elected I would aim to:

- Organise and run numerous events that are welcome to everyone and make them comfortable
- Organise games nights to create a fun atmospheres
- Create a welcoming environment for all to help them share any problems or issues that they have, as well as ensuring that nobody feels alone during their time at university.

I believe that these aims would benefit Grizedale college and it's students.

Grizedale College JCR Exec

Woman's Sports Officer (reserved for self-defining woman+)

Niamh Procter

Manifesto

I'm Niamh, and I'm excited to be running again for the role of Women's+ Sports Officer.

I'm hardworking, approachable, and genuinely passionate about sport. College sport has been one of the best parts of my university experience, and I want everyone to feel the same sense of belonging, confidence, and community that it's given me.

Having been involved in college sport for over two years, I've gained a strong understanding of how our sporting system works and what it takes to make it thrive. Over the past year, I've been proud to help establish the new Grizedale Women's Football Team, ensuring every player feels supported. As Vice President of Grizedale Netball, I also helped create an open netball team because I believe sport should be accessible, inclusive, and fun for everyone, regardless of experience or ability.

If re-elected, I'm eager to keep building opportunities for women in sport and take an active role in planning Warriors for later in the year. My goal is to make Warriors more inclusive by introducing events beyond the usual netball, football, and bar sports so that all Grizedale students can get involved.

Some ideas I'm especially excited about include:

- A "Just Dance" competition, a fun, relaxed event that everyone can enjoy.
- An open netball tournament and a women's football match, both firsts for Warriors!
- A warriors closing celebration in Grizedale bar to crown the winners

Let's continue growing an inclusive, supportive, and successful sporting community together. Vote Niamh for Women's+ Sports Officer!

Grizedale College JCR Exec

Men's Sports Officer (reserved for self-defining man+)

Tobias Walker

Manifesto

As your current Grizedale Men's Sports Officer, my mission has been simple: to strengthen our identity as a college. Grizedale has always been a home for determination and spirit, but I believe we can take our sporting culture to the next level.

First and foremost, I will work to make Warriors - the annual sports competition against Pendle - one of the best intercollegiate events at the university. This event should be more than just a competition—it should be a celebration of who we are as a college. I want to create an atmosphere that every Grizedale student feels part of - whether they're playing, supporting, or just soaking in the energy. Beyond that, I aim to expand the opportunities for everyone to get involved in sport, which we have already started with the introduction of our Women's football team. I will push for more inclusive and varied sporting events—taster sessions, mixed tournaments, and social leagues—so every Grizedale student feels welcome to take part.

Finally, I will support all Grizedale sports teams to reach their full potential. That means improving communication with captains, ensuring fair access to resources, and being a reliable advocate for teams' needs at every level.

Together, we'll make Grizedale not just a college that competes—but a community that believes, supports, and celebrates as one.

Grizedale College JCR Exec

Media and Communications Officers

Emma Martin

Manifesto

Hey! My name is Emma and I am the current Media & Communications Officer for Grizedale. I currently focus on the tiktok side of Grizedale media, bringing you fresh videos regularly. I began this role in September, and I'd love the chance to keep bringing creative and fun energy to Grizedale through the media role. I have many more ideas that I have not gotten the chance to implement yet and as a year long follower of Grizedale on social media, I know exactly what it is like to be on the receiving end of the media and comms team. I would love to give future and current students the same positive and engaging experience that I had.

As a marketing and design student this is exactly my area of interest and I am incredibly passionate about using creative communications to connect people and design engaging pieces of content. This is a step towards what I want to do in my career, so I know I will give it my all. We have received so much positive energy towards the media this year so I know I can use my current experience with the role to continue bringing the social media energy!

Being on the JCR has been such a great experience and I love every part of it and I would love to continue taking onboard students feedback & suggestions in order to bring you everything you want from the Grizedale media :)

Grizedale College JCR Exec

Media and Communications Officers

Alix Hickton

Manifesto

Hello everyone, I'm Alix a 2nd year Sociology student, and I am re-running for the role of media and communications officer. I've really enjoyed holding this position over the past term, and I'd love the chance to continue posting on our socials and stay a part of the JCR team.

In this role, I've worked hard on designing and sharing content across our social media platforms. Some of my favourite projects have included designing the Welcome Week booklet, creating the Winter Ball announcement, and making TikTok content, especially during Fresher's Week, even though it was hectic!!

If you re-elect me as Media and Communications Officer, I will keep sharing updates, answer your questions, and create fun, engaging content for our socials.

Thank you for reading my manifesto!! I would really appreciate your vote so I can stay a member of the JCR 🍷 🍷

Grizedale College JCR Exec

Media and Technology Officer

Sam Griffin

Manifesto

Hi, I am Sam Griffin. I am your current Media and Tech Officer, and I am running to continue in this role.

Since taking on the position in October, I have managed to gain vital, hands-on experience in managing the technical side of events, ensuring they run smoothly. I am re-running as I would love to continue to help provide high-quality events for the Grizedale community.

In the time I have been in this position, I have helped to support a range of events that have taken place in Grizedale bar. I have ensured that the required technology has been set up correctly and is working as it should, and when issues have arisen, I have acted quickly to find the issues and fix them to keep the events running smoothly without interruption. I have worked closely with the socials team to host multiple events, most notably the Grizzle Quizzle and Sparklers and Ciders.

I love Grizedale as a college and as a community, and the role of Media and Tech Officer has given me the opportunity to give back. If re-elected, I hope to help build on what has been achieved so far, as well as bring some fresh ideas and ensure that the events are well run and accessible to everyone, so that you can all enjoy your time in Grizedale as much as I have!

Thank you, and I hope to have your support to continue as your Media and Tech Officer!

Grizedale College JCR Exec

Vice President Media and Communications

Malina Vasiu

Manifesto

Hi, I'm Malina! I'm a second year Marketing and Design student and I've been a Media and Communications officer for Grizedale since my first year!

I'm applying to be your Vice President of Media & Comms because ever since the bylaws of the college changed during Freshers' Week 2025, I've been filling in for the role – taking care of events being promoted on time, managing splitting tasks fairly in between the members of the media team and working with the other VPs and Presidents to ensure everything is going smoothly.

The knowledge I'm gaining through my degree has also been extremely helpful for this JCR position and I'm confident it will remain so, as I am constantly working on balancing my time in such a way that I can improve my skills equally!

I have been thoroughly enjoying this role and working with the members of the JCR to create a fun, safe and interesting community here at Grizedale, and would love to keep doing it for the rest of the year!

Lonsdale College JCR Exec

President

Kate Bracewell

Manifesto

Hello!

I'm Kate, the current President and I'd love your vote so I can continue to serve Lonsdale for another year!

In my time as President I have organised the most successful Welcome Week we've had in years, Winter Ball, a terms worth of events, and I intend to continue this well-prepared attitude into Lent and Summer term.

I have also aided in the start of our new Womens+ Football team and am currently organising the Lonsdale mural committiee.

Lonsdale is at the heart of every decision I make, I want what's best for the college and it's students, which is why if I am re-elected I promised to uphold the high standards I have set and bring even more fun events to Lonsdale!

Thank you so much for reading!

Lonsdale College JCR Exec

President

Shahzaib Nawaz

Manifesto

As the president of House 34 and a proud Lonsdalian, I'm running for president of Lonsdale College in order to keep fostering the sense of community that makes our university so special. Being in charge of my Lonsdale house gave me practical experience planning socials that successfully united people. Prior to that, I gained important experience in team management and financial monitoring while serving as the Inclusion Officer and Treasurer for my dodgeball team at the University of Manchester. These abilities are essential for managing Lonsdale College.

Through successful event planning and budget management, these experiences taught me to strike a balance between creativity and responsibility, inclusivity and competition, and fun and structure. As president, I want to use that to revitalize the neighborhood of Lonsdale. In order to provide a lively and inviting gathering place for all Lonsdale students, my proposal includes detailed ideas to update the main bar's décor and add more seating. In addition, I want to revitalize our social life by emphasizing college collectives like House Wars, inter-house competitions, and artistic events that highlight our distinct sense of campus pride.

Above all, I want to plan sporting activities and team-up contests with Bowland that will rekindle our cordial rivalry, enhancing our sense of community and highlighting Lonsdale's leadership.

Lonsdale College JCR Exec

Vice-President

Ellen Fogarty

Manifesto

Hello!

My name is Ellen Fogarty and I am re-running to continue my role as Lonsdale College Vice-President!

3 years ago during my freshers week talk in the Great Hall, the president stood on stage and told us that Lonsdale College would very quickly become our only personality trait. At the time I doubted this statement, but reflecting upon the best 3 years of my life she couldn't have been more accurate with this statement.

Lonsdale is more than just a college: it is a supportive community which has given me unforgettable experiences, friendships and countless opportunities to meet a variety of different students.

Now I would like to continue my representation of Lonsdale College and build upon the successful 2025 Welcome Week spirit.

If re-elected I will:

- Maintain a collaborative and supporting environment within the JCR, ensuring every officer feels confident and supported in the running of their events
- Strengthen collaborations between all of the other colleges across campus, providing students with the ability to meet a variety of different students.
- Further the success of 2025 Welcome Week, ensuring that our freshers and reps continue to be well integrated within the college spirit with the same enthusiasm that made many of our freshers weeks so special.

Thank you for your continued support during my current representation in this role - I look forward to keeping Lonsdale the best college on campus. Ensuring you Just Can't Get Enough.

Lonsdale College JCR Exec

Vice-President

Charlie Sedgwick

Manifesto

Is it a bird ? Is it a plane ? Is it the guy who keeps losing at pool in Lonsdale bar ? Today , I introduce myself to you as a nominee for the future role of Lonsdale college vice president . To keep this short and sweet, I have 3 clear pledges that stand me out as a top candidate . First and foremost , I vow to maintain and promote a college that is organised and supportive , delivering excellent student experience and strengthened communication . Secondly , I will work to deliver inclusive events , clear information , and reliable support so students feel connected and confident ,and not lost somewhere between week 5 and the laundrette . Finally , and by far the most important of the 3, I intend to bring steady and supportive leadership , standing as a voice and outlet to all , ensuring all those are represented , heard and accounted for (if you struggle to believe my promised level of professionalism , just take a look at my definelty real moustache , it serves as an advocate to my pledge). When voting today for your future vice president , keep me and my pledges in the forefront of your decision making processes . Vote for me as your vice president , and I will put the "LONNIE!" Back in Lonsdale .

Lonsdale College JCR Exec

General Secretary

Eve Potter

Manifesto

Hi! I'm Eve (she/her), and I'd love for you to consider me to be your Lonsdale General Secretary!

I have held the position of General Secretary throughout 2025, and was a former Social Secretary in 2024. Hence, would be able to transition seamlessly into a new term, as I already hold a deep understanding of the financial and procedural systems from my previous experience in this role!

Continuing in this role, my priority would be to create a **transparent and accessible communication** network across the college, ensuring that everyone's voice is heard and that vital information flows. I have been on Lonsdale JCR for two years, and have **proved my success in budgeting** for large-scale events like Welcome Week and Summer Ball.

If elected, I would continue to:

- Conduct **regular reviews of college budgets**, ensuring all expenditure is responsible and sustainable, alongside a thorough **review of the college bylaws**, to ensure all conflicts are resolved to maintain smooth operations.
- Keep you informed with comprehensive minutes from Exec meetings, along with regular updates throughout the year, to ensure everyone is aware of college initiatives.
- Establish clear channels for feedback, making it easy to share suggestions so that **diverse voices are heard**.
- Liaise with the media and communications officers to ensure all my chaired events, such as college elections and co-options, are published so all college members have **equal opportunity to run** for Exec roles.

Thank you for your support.

Lonsdale College JCR Exec

Social Secretary

Santiago Prosser-Muguerza

Manifesto

VOTE SANTIAGO FOR SOCIAL SECRETARY

A stronger, safer, and more social Lonsdale.

I'm running to make Lonsdale College not just a community — but a family. As Social Secretary, I'll create spaces where every student feels included, celebrated, and confident to enjoy college life to the fullest.

My priorities:

Stronger:

Launch Lonsdale Link-Up – regular, relaxed socials designed to connect students from every year and background.

Encourage collaboration between college teams, societies, and JCR events to strengthen our community spirit and opening sports up to casual players.

Introduce House Pride Weeks and inter-block challenges to boost connection within accommodation.

Social:

Bring fresh energy to college life with festival-style nights, theme nights, and pop-up events that surprise and excite throughout the term such as specific events for Valentines day, St. Patrick's day, Easter, International Women's Day and Chinese New Year.

Collaborate with other colleges for joint theme nights and inter-college competitions.

Celebrate creativity and individuality with events like Open Mic & Talent Nights and Lonsdale Takeovers across campus.

Safer:

Promote safe, respectful nights out through awareness campaigns and close ties with college welfare reps.

Ensure all events are inclusive, well-organised, and accessible so everyone can enjoy themselves with confidence.

Foster a positive social culture that looks out for one another — because safety starts with community.

I want every Lonsdale student to feel proud, connected, and excited to get involved.

Vote Santiago for Social Secretary — A stronger, safer, and more social Lonsdale.

Lonsdale College JCR Exec

Welfare and Education Officer (Women / Non-Binary)

Ruby Brown

Manifesto

Hey please re vote me for Women's+ welfare I'm really good!!

Lonsdale College JCR Exec

Communities Officer

Amelia Brown

Manifesto

My name is Amelia Brown and I currently hold the position of Communities Officer for Lonsdale College and I wish to be re-elected for the Lent term. A good communities officer will include all members of Lonsdale from a variety of backgrounds to unite us as Lonsdale College. So far I have run Door Sign Making which was an incredibly successful event that aimed to break the ice between new members of the Lonsdale Community. Throughout my time as Communities Officers so far, I have also ensured that members Lonsdale feel safe, represented, heard and included at all term events and within general life at University. If re-elected I will continue to ensure that Lonsdale is an inclusive and diverse college where all students are welcome and happy to be part of our Community. I will do this by continuing to organise events that unite us. I also understand the importance of being heard and that is why as well as planning events that unite us, I will be taking student feedback and ideas about what events YOU would like to see at Lonsdale as well as being available to listen to any and all students of Lonsdale College. Everyone deserves to feel safe and valued and by upholding these promises I hope to ensure that EVERYONE in the Lonsdale College Community from all backgrounds, cultures, sexualities, genders, beliefs and abilities are. Thank you for reading and I hope to represent you again next term as Lonsdale College Communities Officer!

Lonsdale College JCR Exec

Communities Officer

Eden Danskin-Lewis

Manifesto

Hello, I am Eden, a second year studying Politics and International Relations. I would love to be your new Communities officer for Lonsdale JCR. In this role I would take pride in representing every community existing on campus! As a politics student I am aware of the importance of diversity on campus and in Lonsdale, therefore I will work to make sure all communities feel safe and represented. As communities officer I would love to help support all students. I have plans for workshops aiming to support different communities in Lonsdale, one being a workshop supporting women on campus, I would host women empowerment sessions, a chance for women to talk to each other and share experiences. Additionally I would love to work with charities, giving Lonsdale the opportunity to get involved with different charities and volunteer. I want to be a friendly face for students to come and talk to and give suggestions on what Lonsdale could do to make different communities feel represented.

Thank you

Lonsdale College JCR Exec

Visual Media and Communications Officer

Ellen Pickavance

Manifesto

Hey, I'm Ellen, your current Media & Communications Officer for Lonsdale JCR! I took on this role back in January and have honestly loved every bit of it, from creating posts and sharing updates to capturing everything that makes Lonsdale such a great community. It's been amazing getting to represent the college online and make our socials something we can all be proud of.

You should vote for me because I have the experience, creativity, and passion for this role to continue making Lonsdale stand out. I've worked hard to keep everyone in the loop and make our socials a space that feels fun, inclusive, and true to who we are. Also, I'm always up for hearing your ideas, whether that's more event content, sports highlights, or random behind-the-scenes moments that make college life what it is.

If re-elected, I want to keep building on that, making our content even better, spotlighting more of what makes Lonsdale unique, and keeping that strong sense of pride alive. I genuinely love this role and would be so grateful for the chance to keep doing it for another term. Let's keep proving why Lonsdale's the best college on campus.

Lonsdale College JCR Exec

Visual Media and Communications Officer

Josie Parker

Manifesto

I'm sure you will have all seen the TikToks I post for the College, and I want to continue creating positivity and fun for Lonsdale College. Having had the privilege of being Media and Communications Officer for the last three months is something I am proud and grateful for, and I would love the opportunity to continue in this role on the JCR.

I want to further grow the College TikTok to highlight all our amazing events and boost college spirit and patriotism. I plan to reach 1,000 followers by the end of this academic year, which I believe is achievable based on the growth since I joined the JCR. During my time on the JCR, I have already grown the TikTok by 100 followers and produced several viral videos, one of which gained over 1,000 likes. Proving that Media and Communications is a role in which I thrive.

Being part of the JCR has made me realise the importance of college community and that every member plays a part in shaping it. Community is a crucial aspect of university life, and if re-elected, I will continue to ensure it is strengthened and celebrated.

Lonsdale College is a heartfelt community built on care and consideration, and through this role, I will further highlight these values across our social media platforms. I am passionate about continuing this work and showcasing why Lonsdale College truly is simply the best.

Lonsdale College JCR Exec

Visual Media and Communications Officer

Zac Marland

Manifesto

Celebrating Lonsdale Pride

Hello! I'm Zac, a first-year Lonsdale student excited to release our college spirit online. Lonsdale is a welcoming, proud, and enjoyable college, our motto is "Simply the Best!". We even have Lonnie the Lion on our logo. Old-school activities like the Blue Smurf Bar Crawl and supportive Founders competitions with Bowland keep our tight-knit community together. I am also a successful YouTube and TikTok creator with a popular YouTube channel and viral TikTok videos to my credit, so I can produce content students will love.

My Plan

- Proven Engagement -- With proven YouTube and TikTok followings, I can guarantee our content goes viral and students stay engaged.
- Consistent Branding -- Graphics using our lion and blue theme so our Instagram & TikTok look cohesive and professional!
- Weekly Updates -- Recaps of campus life and events, from Red Lion pub trivia nights to Smurf nights and Founders showdowns.
- Engaging Content -- TikTok skits and Instagram Reels that capture Lonsdale's "party college" atmosphere with accessible humor everyone will love.

Vote Zac

I'm open, friendly, and would love to get your take, I will listen to the voice of every single student. Let's get Lonsdale's image looking amazing and our community in the spotlight. If you're looking for sharp, funny, and on-brand content that embodies our legendary personality, vote Zac on the LUSU site. We'll be Simply the Best together!

Lonsdale College JCR Exec

College Sports Officer (self-defining woman or nonbinary person)

Sanna Hutchinson

Manifesto

Hey, I'm Sanna (she/they) - I'm a second-year chemistry student and Women's+ sports officer for Lonsdale, and I'm re-running for this role.

This term, I have been planning Founders 2026, focusing not only on our college teams but also opening the competition to the wider Lonsdale cohort. I've pushed for a variety of other events such as Mario Kart, Chess, Just Dance and Dodgeball. I have also supported the JCR in pre-freshers week activities and helped run fresher week events (such as pottery painting and a Mario Kart Tournament).

If re-elected, I will...

- Secure more funding for our college sports teams to improve equipment and opportunities.
- Support the development of Lonnie's Women's football team, ensuring it's fully established and competing in the university league.
- Deliver Founders 2026 - finalising plans and making sure Lonnie has the best chance of victory.
- Continue to work closely with the other members of the JCR exec to ensure the smooth running of the college and planning of upcoming events, maintaining Lonsdale's strong community spirit.

I've loved being sports officer this term and would love the opportunity to continue to push for Lonsdale Sport to be inclusive and fun.

Let's go win founders - LONNIE, LONNIE, LONNIE!!!

Lonsdale College JCR Exec

College Sports Officer (self-defining man or non-binary person)

Joe Ascroft

Manifesto

I'm Joe, a 3rd year physics student and proud member of lonsdale college! During my time at university, I have been heavily involved in college bar sports, as well as serving as men's sports officer for the previous year. I have ample experience with the responsibilities that are demanded of your JCR, and am committed to deliver the best experience for all students wanting to get involved in college sports.

As your sports rep, I will work with Bowland exec to organise our intercollegiate sporting event, Founders. Founders is one of our biggest college events of the year, hence it is a huge priority that it runs smoothly and is fun for all. Following the practices we have already set in place, we will continue to meet regularly to discuss sponsorship opportunities and other issues like timetabling. Additionally, I will be in contact with the SCR and club captains to ensure that sport equipment is up to date. I would like to provide access for students who are not currently involved in college sports but wanting to participate. To do this, I will organise taster sessions for barsports teams and new events such as a christmas fun run, giving people the opportunity to meet new people while staying active. I will work closely with other members of the JCR not only for sporting events but to ensure that our college is run smoothly as a whole.

Lonsdale College JCR Exec

Welfare and Education Officer (Men / Non-Binary)

Matt Douglas

Manifesto

Hi, I'm Matt, a second-year Maths and Computer Science student and your current Men's+ Welfare and Education Officer.

Over the past term, I've really enjoyed being part of the Lonsdale JCR and supporting our community. I believe the Men's+ Welfare and Education Officer role is vital to keeping our college welcoming and supportive, and I would love the opportunity to continue this work after Christmas.

So far, I have:

- Ensured welfare concerns from Lonsdale students were dealt with quickly and through the appropriate channels.
- Organised and supported a house of freshers during Welcome Week, helping them settle into college and university life.
- Helped plan and run a variety of Lonsdale events.
- Contributed to the Lonsdale College social media pages (including proudly wearing the lion costume!).
- Attended meetings to plan major college events for the rest of the year.

I'm passionate about continuing to make Lonsdale a supportive place and I would be grateful for your vote to help keep that happening.

LONNIE LONNIE LONNIE!!!

Lonsdale College JCR Exec

Welfare and Education Officer (Men / Non-Binary)

Omar Abutaleb

Manifesto

Honestly I don't know I just think it would be fun to do and get involved with something helpful instead of being on my phone all the time.

Lonsdale College JCR Exec

International Welfare Officer

Ahaan Kalra

Manifesto

Hey guys, I'm Ahaan, an international student from India. I hope to be nominated as an International welfare officer for the best college in Lancaster so that I can help students settle in the same way I was assisted by the jcr when I first came here. Cheers!

Lonsdale College JCR Exec

International Welfare Officer

Nishita Moorjani

Manifesto

Hi Lonsdale! My name is Nishi, and I'm from House 39. As an international student myself, I understand how exciting yet challenging it can be to adjust to life in a new country. From navigating homesickness and culture shocks to finding a true sense of belonging, these experiences have motivated me to run for International Welfare Officer. I want every international student in Lonsdale to feel welcomed, supported, and heard.

If I'm elected, my goal is to make Lonsdale feel like a second home for all international students, as I know how hard it can be to live far from home. I want to create opportunities for us to come together, celebrate our cultures, and support one another through the ups and downs of university life. Whether it's through fun cultural nights, casual get-togethers, or small check-ins, I'll ensure there are plenty of opportunities for students to connect and feel part of our community.

I also plan to work closely with the Welfare Team to ensure that the concerns and needs of international students are consistently represented. Adjusting to life in a completely different country can be a learning curve, but with the right support and community, it can also be an amazing and unforgettable experience.

I truly believe that everyone deserves to feel like they belong here, no matter where they come from. Let's make Lonsdale a place where everyone feels comfortable, included, and proud to call home.

Lonsdale College JCR Exec

International Welfare Officer

Ritwik Kaushik

Manifesto

Hi I am Ritwik Kaushik,

I am your current International Welfare Officer at Lonsdale, I delivered the unique "Culture in a Bowl" event and the "Dont Break Your Bank!" events as well as helped organise and run this years "Freshers Week".

I am a third year Business Management student as well as the BAMO Academic Rep and Open Day Student Ambassador.

If I am elected, you can expect:

- More International Finance events to help international students (but not exclusive to international students) adapt to the change in country and living conditions, that too during a cost of living crisis.
- More international cultural events, celebrating the diversity we have at Lonsdale.
- More student support for international students, concerning homesickness, academic pressure, general guidance and counselling

Making Lonsdale a home away from home!

I have learnt a lot from my year being in the JCR and I feel ready to take on more responsibilities, and support students in more ways.

Pendle College JCR Exec

President

Sam Dosanjh

Manifesto

Hi, I'm Sam, a third-year student, and I'm running to continue as your JCR President.

Over the **past five months**, I've had the pleasure of serving as **your President**, my duties have included **planning and leading Freshers' Week** for the **largest Pendle cohort ever**, supporting our sports teams in having some of their biggest intakes to date, and more recently organising our upcoming Winter Ball. It's been an incredible experience, and I'd love the opportunity to continue the work I've started.

As President, I pledge to **continue the development of the Pendle social space**, including the new self-service student kitchen, in collaboration with the college SCR and student feedback. I'll also **continue supporting the Pendle Sustainability Committee's efforts**, as Chair, in driving our college to be the most inclusive and sustainable on campus!

Alongside our sports officers and team exec, I'm determined to make this year's **Pendle Cup and Warriors the very best yet!** Our planning is already underway, and alongside my previous experience as both a sports officer and team exec, I'm committed to making these major events as fun and successful for students as possible.

A vote for me is a vote for **experience, consistency, and progress**. No other candidate possesses the same proven record or direct experience of leading Pendle. I understand the complexities of the role and have insight into what makes our college community thrive. I'm not just promising change, I'm promising continued progress, built on real achievements and a clear vision for the future.

Pendle College JCR Exec

Democracy and Finance Officer

Matthew Brennan

Manifesto

Hi! I am a third-year Computer Science student with a minor in Accounting and Finance, and the current Democracy and Finance Officer. I bring both technical and financial discipline to the role. My goal is to keep the JCRs financial and democratic actions transparent, structured, and accountable to everyone it represents.

As Democracy and Finance Officer I will aim to:

- ☑ Hold short, open finance briefings for to improve clarity around the JCRs budgeting.
- ☑ Standardize documentation for motions, elections, and minutes to make them easier to follow.
- Reduce unnecessary spending and redirect funds toward activities that directly benefit students.
- ☑ Increase awareness of how JCR funds are allocated and why.

My time as an Academic Rep taught me how to listen and represent students' views effectively. Working as a Teaching Assistant has helped me explain complex content in practical terms. I want to bring those same skills to make JCR democracy more open and understandable for everyone.

I believe that role of a good DFO is to improve clarity around financial and democratic decisions made by the JCR. If re-elected, I'll make sure your voice is heard, your money is used wisely, and the JCR continues to run smoothly for everyone.

Pendle College JCR Exec

Events Officers

Lydia Johnston

Manifesto

Hello!

I'm Lydia, a third year History student and **I'd love to continue to be one of your Events Officers!!**

Motivations

- I intend to help maintain a **warm and welcoming environment** for all of Pendle
- Throughout my time here, I have loved partaking in events such as **Pendle Live**, and am **excited to continue to create these for others** to equally enjoy.

What I will bring to Pendle

Through **being JCR during welcome week**, I've had the great opportunity of seeing what events went well, and through being re-elected, I'm excited to:

- **Talk to students directly to get feedback**, making events better!
- **bring more of what you've loved**,
- **collaborate** with other colleges,
- focus on **South Campus events** alongside the main hub of Pendle
- and of course, bring **many new exciting events!!**

Experience

- **JCR Events Officer** – has given me insight to how the JCR operates as a team, in order to put on the best events for you!
- **Helping Run Welcome Week** – means I understand how to run a smooth and successful event, along with what is popular!
- Voted the **Best, and Most Welcoming Bartender 2025** at a campus bar, showing my proficiency in creating a **fun and homely** environment.
- **Prior experience orchestrating wide-scale events**, such as equality and diversity days at my College whilst a part of their Student Union, which have continued since!

As the best college, Pendle deserves the best events, and I'm excited for the opportunity to work with the JCR to deliver just that!

Pendle College JCR Exec

Events Officers

Samuel Park

Manifesto

Hi, I'm Sam. I'm a third year Cyber Security student hoping to be re-elected into the role of events officer.

During my time as one of Pendle college's events officers, I have developed many skills that have aided me with my role including event planning, management and crucial teamwork ability in busy situations and tough time constraints.

I've also had lots of prior experience in the field of events such as the lead of my colleges 3D printing extra-curricular activity, a large role in The Making Rooms' (a CAD/CAM company in which I used to work for) involvement in Blackburn's annual "festival of making," and I have also been a birthday party host.

As for a little about me as a person, I am a proud member of Pendle College Bar Sports, more specifically, the darts team and have been studying computer science and cyber security for the last four years. I like to consider myself a dependable person and already have a fantastic bond with not just the events team, but the whole of the JCR.

I am a proud member of Pendle College, and it is with great desire that I hope that if you have enjoyed what the college has put on so far this academic year, you take me into consideration to stay as a events officer for the future.

Thank you for taking the time to read my manifesto.

Pendle College JCR Exec

Media and Communications Officer

Angelina Brown-Jones

Manifesto

Hey everyone! I'm Ange and I'm looking to have your vote for Media Officer. During my first year I was elected by you to be a Media Officer and towards the end of the year, I took up the responsibility of Lead Media officer, to which I had the responsibility of making all of the recent Freshers Week media, including the Pendle wristband and the Welcome week timetable. I really enjoyed having such a vital part in the week and would love to continue being on your JCR Exec for another year coming.

Should I be elected again, I really want to continue expanding our presence on more social media apps like TikTok. I've already started with this and would love to continue! I'm a second year English Language student, and study modules which require me to learn professional communication aswell as how the public interacts with media. Throughout doing my JCR role and my degree at the same time, my media skills have been improving and I'd like to continue with this role in the college, and teach the next media officers, with help from my lead, all of which I have learnt this past year.

I love the college, I love giving back for everything it's done for me in my first year of uni, and I'd love to continue being your media officer. I look forward to working with my Lead and other officers to create a social media presence that Pendle is proud of ❤️

Pendle College JCR Exec

Media and Communications Officer

Anthony Zhou

Manifesto

Hi Pendle! 🙋

I'm Anthony, and I've had the amazing opportunity to serve as your Media and Communications Officer this year. I'm running for re-election because I want to continue making Pendle's voice stronger, more creative and more connected than ever.

What I've Done So Far

- Kept Pendle connected - managed our social media with regular updates on events, campaigns and college life.
- Supported college spirit - helped promote events like Pendle Cup, Fresher's Week as well as various quizzes.
- Worked closely with the JCR team - ensuring clear, consistent communication between students and the team.

My Goals for Next Year

- Even more creative content: Continue producing eye-catching designs, videos and posts that reflect Pendle's energy.
- More student involvement: Introduce opportunities for students to submit content (photos, videos, stories) to showcase our community.
- Better coverage of events: Ensure every Pendle event is captured and shared.
- Clearer communication: Keep everyone informed with concise, visually engaging updates about what's happening around college.
- Support other officers: Collaborate closely with Welfare, Sports and Events to make every campaign and event reach more Pendle students.

Why Re-elect Me

I've loved representing Pendle this year, and it's been rewarding to see our community grow stronger through better communication and creativity. I've learned how to manage Pendle's channels of communication effectively, design engaging media and work as part of a great JCR team.

Thanks for your time, and vote for me as your Media and Communications Officer :)



Pendle College JCR Exec

Media and Communications Officer

Ani Matthews

Manifesto

Hi, I'm Ani Matthews

I am a second-year marketing student hoping to return as your media officer.

My main goal is to further develop the Instagram page by sharing content that is both fun and aesthetically appealing.

I want our posts to be visually engaging and to capture the energy of our college, helping to build a stronger sense of pride within our college. I enjoy creating fun and creative Instagram posts with my team, which I know you love, like the 2025 wristbands campaign, Meet the JCR, games night, Clothes Swap, and more.

I understand that all the Pendle media is for us, the students, so I will continue to promote all college events so that you actually know what is happening, so you don't miss out. More consistent, clear, and visually cohesive posts — not clutter, not spam — just useful, good-looking updates. I will keep communications up with the media team; we are the front for getting the right information to you, so questions or queries, we are here for you.

Why choose me? In addition to my work as a media officer, I have managed and created content for other society accounts, gaining experience with tools such as Photoshop, Adobe InDesign, and Canva.

I have truly enjoyed developing my skills in this role, and I hope to continue as your media officer!

Vote for me and let's make Pendle look good.

Pendle College JCR Exec

Welfare Officer (Men+)

Niren Bihall-Davis

Manifesto

Vote NIREN for Men's+ Welfare Officer

My Vision

I aim to foster a **supportive, inclusive, and proactive Men's+ community** in which every student feels **heard, valued, and supported**. Welfare should be **visible, approachable, and effective**, ensuring students know where to find guidance and feel confident accessing support.

Why Me?

Experience: I have experience representing the Men's+ community in weekly JCR meetings and organising initiatives such as **craft sessions, wellbeing drop-ins, and woodland walks**.

Collaborations: I have collaborated with **Cartmel College** to ensure joint activities are well-coordinated and responsive to student needs.

Freshers' Week: I also contributed to Freshers' Week for **the largest Pendle intake ever**, with **almost 600 students attending**, which received **excellent feedback**.

My Commitments

- **Student Forum:** Provide multiple channels for students to **raise ideas, feedback and priorities**, including online forms, QR codes, and drop-ins, with **submissions prioritised, acted upon and remembered**.
- **Focus on Young Men's Wellbeing:** During **Men's Health Week UK**, I want to highlight challenges facing young men at university, making support **accessible, visible, and stigma-free**.
- **Make Welfare Visible:** Organise events, campaigns, and initiatives that ensure the Men's+ welfare team is **approachable and accessible**.
- **Inclusive Events:** Work with the events team to ensure **all voices are represented**, gathering feedback and making adjustments to ensure inclusivity and providing **a safe space for both men and women**.

Why Vote for Me?

I bring **experience, adaptability, and a proven record** of turning ideas into practical action. I am committed to fostering a Men's+ community that is **inclusive, supported, and empowered**.

Pendle College JCR Exec

Community and Inclusion Officer

Deven Bihall-Davis

Manifesto

Hi, I'm Deven, a 2nd-year law student and your current JCR Community and Inclusion Officer. I have extensive experience in advocacy, community engagement, and supporting diverse student needs. My background includes working in environments where I've developed a strong understanding of the issues faced by underrepresented groups. I helped found the Speak Up Initiative, an organisation dedicated to representing those who are LGBTQ+, disabled, or identify under any protected characteristic, leading to my nomination for the Kite Trust and UNICEF Awards.

If elected I will:

Organise Events for LGBTQ+, Disabled, and Minority Groups

I will collaborate with JCR Officers within Pendle and beyond to host inclusive events that create welcoming spaces for students from these communities. Events such as cultural celebrations, awareness days, and social gatherings will help ensure all students feel valued, recognised, and included in college life.

Provide Confidential Support and Guidance

I will hold monthly confidential drop-in sessions to create a safe, approachable space for students to seek support or discuss challenges related to their identity or well-being. My aim is for every student to feel heard and supported within a non-judgemental environment.

Promote Career Opportunities for Underrepresented Students

Many students from underrepresented backgrounds face higher attrition rates in university and their careers. Having presented on this through the Speak Up Initiative, I aim to work with career and professional societies to deliver sessions that empower students with the skills, confidence, and networks needed to succeed.

I would be grateful for your support and your vote!

Deven

Pendle College JCR Exec

Audio-Visual Technician

Archie Birtwhistle

Manifesto

Hi, my name is Archie Birtwhistle, and I'm re-applying for the position of AV Technician.

I'm currently enrolled on a BSc Hons Cyber Security degree, pursuing my third year of study. In this time, I've learned a comprehensive amount about computers and technology, providing me with the skills to solve many technological problems, if they are to occur. I also helped my father's band as an event technician for several of my younger years, securely moving AV equipment and setting up amplifiers/PA. I believe these skills will come into fruition with Pendle Live, and other AV events.

A bit more about me, I am a musician and have been for 7 years, knowing how to play many instruments. I have also been a member of Pendle Barsports for 2 years. During this time, I have worked in the executive team as **'Welfare Officer'**, and **'Media Officer'**. Finally, I have worked in the hospitality industry for 4+ years, providing me with excellent communication and social skills.

During my time as Pendle's current AV Technician, I have formed a great bond with everyone, while working through welcome week and Michaelmas term. I always strive to be a dependable member of the team, communicating ideas, working flexibly and going above and beyond my role, helping wherever it is needed. My time as a member of Pendle JCR has been an amazing experience, and I'm really proud to be a part of my college.

Thank you for reading my manifesto.

Pendle College JCR Exec

Vice President

Beckie Jones

Manifesto

Hi, I'm Beckie, I'm running to continue to be your **Vice-President!** Being a **third-year student**, I've had the great fortune to fall **completely and utterly in love with Pendle** over the last few years. This is why I want your vote so I can keep making Pendle the best it can be, to better your student experience!

My Vision:

- Continue **improving our community spaces**
- Continuing **events that bring our college together**
- Continue putting **the wellbeing of our students on the forefront** (e.g. a breakfast club during exams)
- Continuing **big scale activities like Pendle Cup and Warriors** to provide an exciting year for the student experience
- Assist the President and JCR team to stop them feeling overwhelmed so we can deliver great things for our community

These are things I have already started to do, so I'd love the opportunity to continue these projects.

Why Me?

- I've been **Lead Wellbeing** and **Vice President**, so I understand how a JCR and SCR work together and operate
- I've helped **organise and lead a successful Welcome Week**, and **planned the upcoming Winter Ball**
- Helped to **make wellbeing services more accessible**
- I love Pendle, I was 3s Team Captain and now Treasurer for Pendle Netball, I'm on Pendle Womens+ Football, and Social Media Manager for Pendle Bar Sports

A vote for me would mean a college to increasingly become prouder of, one that supports its students for them to achieve their greatest aspirations whilst at university.

Pendle College JCR Exec

Lead Events Officer

Leo Hickman

Manifesto

Hi there! I'm Leo Hickman, the current Lead events officer for Pendle JCR.

I've held the position for nearing a year now and am hoping you'll consider me to stay on as lead events going forwards. I come from a background in live music and have played at venues all over campus and Lancaster, so my passion lies in upholding Pendle's reputation as the 'Music college'. Over the past year in the JCR, I've presided over countless quizzes, gigs and events, always working towards my goal of creating communities within Pendle and being a friendly face anybody can chat to. Thus, having already spent a year planning and running events, I'm very familiar with the procedure and expectations that come with the role. Some of you may already know me from the movie nights or gigs we held at Pendle this Freshers week, all things I hope to build up to be bigger and better in the coming year. For example, in the next few months I would love to expand on our regular 'Pendle Live' music events, using new equipment to bring the people of Pendle unforgettable nights of live music, where any musician can come and experience playing live, no matter their experience.

All I aim to continue doing is providing Pendle with the best events I can, and I sincerely hope you'll consider me to be your Lead events officer in the coming year.

Pendle College JCR Exec

Lead Wellbeing Officer

Grace Holding

Manifesto

Hi Pendle! I'm Grace, a second-year Psychology student, and I'm running to be your Lead Wellbeing Officer for another year!

I've loved being part of Pendle's wellbeing team since my first year. As Women's+ Wellbeing Officer, I worked closely with the Students' Union and the Women's+ Network to create events and initiatives aimed at making campus safer and more supportive for the Women's+ community. From awareness campaigns to collaboration with the SU on wellbeing projects, I've always aimed to ensure that every student feels respected and cared for.

This year, I had the privilege of being Lead Wellbeing Officer during Freshers' Week, where I helped plan, coordinate, and run events to make the start of term as smooth, fun, and inclusive as possible. Seeing new students settle in and form connections reaffirmed how important a strong wellbeing network is in helping everyone thrive.

Beyond Freshers, I've organised Pendle wellbeing events focused on both fun and mental health, encouraging students to unwind, connect, and talk openly about their experiences. My goal has always been to make wellbeing approachable, inclusive, and woven into everyday college life.

If re-elected, I will:

- Expand peer support and drop-in opportunities for students to talk and seek advice.
- Continue running engaging, inclusive events that promote balance and positivity.
- Work with college staff and SU officers to improve access to wellbeing resources and mental health support.
- Ensure Pendle remains a safe, welcoming, and supportive space for everyone.

Vote Grace for Lead Wellbeing Officer! 

Pendle College JCR Exec

Lead Media Officer

Chloe Oakey

Manifesto

Heya! I'm Chloe. I'm a third-year Global Religion and Politics student at Lancaster University, and I'm running to be your 2025/26 Lead Media Officer!

I have years of professional experience in digital media design, having worked as a freelance artist for several businesses and managing the media and communications for my own company. This means I have the necessary skillset to strategically run Pendle's media presence to optimise student outreach and satisfaction.

Alongside this, I've already volunteered as part of Pendle JCR's Media and Communications team for over 17 months - as an Officer and then as Lead Media Officer before stepping down in May 2025.

I'm eager to return to the role because I know I can deliver both stylish and engaging media that effectively keeps Pendle students up to date with college activities. I'll also ensure student enquiries receive timely and helpful responses to aid in all circumstances of uncertainty, whether that be facing academic or personal challenges.

If elected, I'll restore successful previous media and communications initiatives and introduce new ones to better serve Pendle students, including:

- Reinstating The Pendle Times: a bi-weekly Instagram feature I founded, highlighting student experiences and promoting positivity, pride and shared identity across the college.
- Launching a new Student Voice Forum: a space for Pendle students to give regular feedback and make requests about college activities, ensuring that student voices are heard and represented.

Thank you for taking the time to read my manifesto! I'd greatly appreciate your vote.

Pendle College JCR Exec

Lead Sports Officer

Priya Chakrabarty

Manifesto

Hi Pendle! I'm Priya, a current member of the **Pendle Netball team**, and I'm excited to be running for your next **Sports Officer**.

Sport has always been a huge part of my university experience. Through netball, I've not only built great friendships, but also developed strong leadership, communication, and organisational skills — all of which I want to bring into this role to support *every* Pendle team.

If elected, my goal is simple: to make Pendle sport **inclusive, well-organised, and thriving**. I want to support all our teams equally, whether you're competing at a high level or just want to get active and try something new. Everyone should feel encouraged to get involved.

I will:

- Work closely with team captains to improve communication and planning
- Promote matches, training sessions, and achievements more actively on social media
- Organise more "Give it a Go" events and friendly tournaments
- Celebrate all our teams' successes — not just wins, but effort, commitment, and progress

I believe sport is one of the best ways to build community in college. It boosts wellbeing, brings people together, and gives us something to be proud of. I've experienced that with Pendle Netball, and I want to help *everyone* in Pendle feel that same connection.

I'm committed, approachable, and full of energy — and I'll give 100% to this role. Let's take Pendle sport to the next level!

Pendle College JCR Exec

Lead Sports Officer

Nathan Isherwood

Manifesto

Hello Pendle College!

I'm Nathan Isherwood, and I'm excited to officially announce my candidacy for Lead Sports Officer .

Over the past year, I've been proud to dedicate my time to enhancing the sports culture in our college, improving our communal spaces, and helping ensure that every student enjoys the best university experience possible here at Pendle.

My Vision

If re-elected, I'll continue building on the progress we've made with Pendle Brew, ensuring it becomes an even better space for all. I'm also committed to delivering a Pendle Cup and Warriors experience that is better than any other rivals event on campus!!!

Why Me?

I bring a strong mix of experience, energy, and commitment to this role. My background includes:

- **Lead Sports Officer**
- **Co-Captain of the Pool Team**
- **Pendle Darts Captain**
- **President of the Bar Sports Society**
- **Chairman of University Bar Sports**

These positions have equipped me with the teamwork and organisational skills necessary to make a real difference. Having already been a part of the JCR during two Welcome Weeks, I also understand exactly what it takes to make events successful, and I have a love for Pendle College like nobody else.

Conclusion

Pendle deserves a thriving, inclusive culture where everyone feels welcome and involved. I'm committed to making that a reality — through better events, stronger community spirit, and a JCR that's always working for the students.

Let's make Pendle not just the college people attend — but the one they're proud to be a part of!!!

Pendle College JCR Exec

Sports Officer

Fraser Scott

Manifesto

I am re applying to be the Mens+ Sports Officer, I was nominated for this role at the end of last year, leading towards summer and the start of term 1. I had such a great time with the Welcome Week this year, helping in all the events and activities that were ran. I have experience in organising sporting events, whilst also playing many sports, such as Pendle Bar Sports and Football, Universtiy Lacrosse and Hockey, I have enjoyed my time playing these sports. Since the start of term we have started to organise our yearly competitions, Pendle Cup which is between bar sports, netball and football. Also Warriors which is against Grizedale, I would like to help run warriors this year as I want as many people as possible to get involved and to ensure people have a great time. I want to be able to be someone that people can talk to if they have any questions about sporting events with Pendle or any other queries that they might have about the College.

Pendle College JCR Exec

Sports Officer

Hannah Nixon

Manifesto

Hi everyone! I'm **Hannah Nixon**, and I'm running to be your **Women's Sport Representative** for Pendle College.

As a **second-year medical student** and one of the **most experienced members on the exec**, I've seen firsthand how sport brings our community together — from intense matches to casual socials that keep Pendle's spirit alive. I already have **a strong relationship with the netball team** and want to build on that to support **all women's sports**, ensuring every player feels valued, supported, and proud to represent Pendle.

My goal is to create an **inclusive, enjoyable, and empowering sporting environment** for everyone — whether you're a seasoned athlete or just trying something new. I'll work to improve communication between teams, promote wider participation, and celebrate the amazing achievements of Pendle's women in sport.

Pendle College JCR Exec

International Students' Officer

Jinny Choi

Manifesto

As a Korean student who has studied in the UK since Year 9, I have faced many challenges and opportunities. Adjusting to a new environment was not easy; however, looking back, I feel those experiences shaped me into a strong and independent individual. I believe international students can benefit greatly, as I did, if small supports are provided at the beginning.

My experience in boarding school, where I served as Head of Boarding and a member of the Boarding Committee, deepened my passion for communication and student support. In these roles, I worked closely with new students, organised cultural events such as Lunar New Year dinners and International BBQs, and ensured that everyone's voice was heard.

Recent experience working as an international officer during fresher's week also showed me how even small acts can hugely improve the quality of student life within Pendle College. Especially during fresher's week talking to new student who needs a general insight of settling in, socialising and managing their routines within their uni life. It was my major role which I truly valued and enjoyed.

As someone who understands both life as an international student and life in the UK, I am in a strong position to bridge cultures within Pendle College. I hope to introduce initiatives such as cultural exchange events, welcome booklets with tips for living in the UK, and informal workshops to build a strong student community.

Pendle College JCR Exec

Welfare Officer (Women+)

Rosie Brook

Manifesto

Hi! I'm Rosie and I'm your current Women's+ Wellbeing Officer.

I would love to continue this role as I believe women's wellbeing should always be a priority, and no one should ever feel alone in facing the challenges of university life.

After being Charity Leader in sixth form, I have the skills to efficiently and effectively run events and campaigns, advocating for important causes and spreading awareness in the community.

I consider myself friendly and approachable, always trying to help and support people in the best way I can.

As Officer, I would:

- Provide a safe, confidential space where women can talk openly, without judgement, about anything on their mind.
- Help to run campaigns focused on mental health, safety, and empowerment; raising awareness, breaking stigma, and making support visible and accessible.
- Work with the events team to organise activities that build community, from wellbeing workshops and self-care sessions to discussion groups and speaker events.
- Advocate for women's voices at every level of college life, ensuring that concerns are heard and acted on.

Mental health is something I am especially passionate about. I know what it's like to struggle, and I want every woman in our college to feel seen, supported, and valued.

At the heart of this role for me is community. By supporting and empowering one another, we can make our college a place where women feel safe, strong, and able to thrive.

I want to foster a culture where wellbeing isn't just about coping, but about flourishing together.

Student Trustee

Student Trustee (Open)

Lilly Dale

Manifesto

As a student trustee, I would strive to improve and support the student Union in any way possible, such as helping provide a sustainable budget and improve the comfort of students. I feel the JCR helped make settling into University alot easier since they too were students and put alot of effort into making the first week enjoyable and less daunting. This is a contributing factor as to why I would like to be apart of the JCR so I can also support the next first years and above. In my previous schools I have helped with hosting and planning events which has developed my communication and working skills. This would help with the student trustee role in addition to being a law student.

Student Trustee

Student Trustee (Open)

Reggie Ihedioha

Manifesto

Hello, I'm Reggie, a 1st year Biomedicine student from Bowland College, and I'm running to be a Student Trustee because I believe every decision made by our Students' Union should reflect the needs, values, and voices of all students.

I want to help build a Union that's approachable, transparent, and genuinely representative — one that students can trust to act in their best interests. For me, being a Trustee isn't just about policies or meetings; it's about protecting what makes university life meaningful and making sure everyone feels at home in our community.

I'll approach every decision with balance, compassion, and care, helping to make sure our Union remains a place where every student — no matter their background or experience — feels valued, supported, and truly at home.

Student Trustee

Student Trustee (Open)

Joel Chilvers

Manifesto

I am Joel Chilvers, a current first year law student, who is passionate about ensuring accessibility for students of all backgrounds, at Lancaster. I wish to provide a voice for first year students who are often underrepresented in Student Positions across campus, as well as students with Neurodivergence.

If Elected I will:

- Ensure the Student Union focuses upon affordability and accessibility for all students, so that no one is priced out of the university experience
- Help to allow all students to get the maximum amount of enjoyment out of being at Lancaster University, an essential in these troubling times
- Drive the Student Union to create an atmosphere of acceptance and understanding for Neurodivergent students at Lancaster
- Listen to students and provide a voice for first year students, to ensure that their concerns and views are not underrepresented

If you want a Student Union Board which concerns itself with the students it represents, vote Joel Chilvers for Student Trustee

Student Trustee

Student Trustee (Open)

Melody Saynor

Manifesto

Who am I?

Hi, I'm Melody, a 3rd year MSci Natural Sciences student. Through my hard work as an exec member in multiple societies, a student ambassador leader and a subject champion, I have advocated for student voice across the university. From affiliating a society to create a community for Natural Sciences students to leading weekly LUFAS sessions, I am determined to make sure the Student Union feels like home.

Vote for me as student trustee to ensure that your student perspective, the challenges that we as students face and how we experience university life is the centre of the Student Union's decisions.

If elected, my focuses will be:

- **Student-centred decisions**

As the student union navigates the changing situations, I will ensure that WE, as students, remain the centre of all the Union's decisions.

- **Professionally communicated decisions**

With all decisions made by the Union, I want to apply professional and transparent values as these are communicated to students.

- **Financial responsibility**

Despite financial challenges the Union may have, I want the Union to be responsible in its actions where the correct priorities are made.

#MelodyforTrustee

Find out more about my campaign on [Instagram](#).

Student Trustee

Student Trustee (Open)

Connor Winter

Manifesto

My name is Connor Winter, a third year **Economics and Politics** student.

I'm running for the role of Student Trustee, because I want to do my part in making the Students' Union more transparent, effective, and accountable to its members.

Experience

I'm an experienced candidate with a strong background in student representation and governance. I've served on the **Grizedale JCR for three years**, including as **Vice President for Democracy and Finance**. This role has given me **direct experience managing finances within LUSU**, navigating its regulations and procedures whilst ensuring transparency and accountability - experience that prepares me well for the role of **Student Trustee**.

I've also served on **three society executives**, including as **President of one society**. These positions have given me a solid understanding of the **practical challenges societies face**, and have strengthened my skills in **clear communication, financial management, and effective representation**.

Pledges

It's an open secret that the SU is facing financial pressures. Electing a candidate (like myself) with proven financial responsibility would go a long way. Though I also pledge, if elected, to:

- **Support colleges** as they navigate the current funding cuts
- **Promote financial transparency** by publishing (where possible) how students' money is spent. And, importantly, **cut waste!**
- **Strengthen communication**, ensuring that decisions aren't made behind closed doors in the Union Assembly, but alongside the students.

Overall, I am a candidate passionate about putting LUSU in the hands of the students. And I have the experience, platform, and track record to deliver.

Student Trustee

Student Trustee (Postgraduate Only)

Amy Stanning

Manifesto

Hi I am asking for your support as a PG Trustee on the LUSU Charity Board.

I am a 4th year part- time PGR in History and have experience as a trustee on several organisations and am familiar with all the legal requirements for trustees. I currently serve as the Chair of Governors at a Lancaster School and am Vice -Chair of a local community group which is a charitable trust.

I have been at LU since 2029 and served for 12 months as LUSU PG and Mature Students' Officer and later served a term as a member of the first LUSU Assembly. From this experience I have a good knowledge of how LUSU and the LUSU Charity both operate and how their functions intersect. I am passionate about making LUSU and the University fully inclusive for all students. PG and mature students, particularly part-time and carer students are regularly overlooked and their interests and needs not taken into account.

When I served as PG&M Students' Officer I developed and led an initiative which succeeded in developing a 'next-practice' policy for student parents and carers and having the policies freely available on the University website. More recently I have been working with LUSU to improve the poor conditions that FHASS PGRs endure following the 'Envision' changes in the Summer.

If elected I will strive to represent the interests of all PG Students on the LUSU Charity Board.

Please lend me your support. Thanks!

Student Trustee

Student Trustee (Postgraduate Only)

Sam Burgess

Manifesto

I am committed to defending student interests in the face of the University's commercialisation and budget-cutting. I am prepared to scrutinise projects like CTP, unnecessary developments and forced staff redundancies which are negatively impacting students while diverting funds from addressing student poverty and mitigating its impacts on individual students and the strength of our community. I am an active member of the student body, dedicated to building community on campus through organising events such as the Big Green Fair and free waffle stall on Alex Square, and as a student representative on Societies Committee.

If elected, I will:

1. Defend and develop student community

Our sports clubs, societies and JCRs are what make Lancaster such an amazing place to be a student! I will fight for sufficient recognition and funding by LU for these activities and their student leaders.

2. Challenge LU's commercialisation

Increasingly high rents, exorbitant tuition fees and unaffordable food are some of the ways LU is prioritising their financial growth over student interests. Senior management's six-figure salaries keep increasing while they cut staff and well-being services.

3. Work to make sustainable travel more accessible

Did you know LU subsidises staff bus passes to £40 a term?! I will push for similar subsidies for students, alongside a safe bike lane on the A6.

4. Defend post-graduate students

Post-graduate students are being neglected as our workspaces are being shrunk and removed. I will ensure the post-graduate student experience is not compromised in LU's attempts to cut expenditure.

[Instagram](#)

Student Trustee

Student Trustee (Postgraduate Only)

Shalvi Dogra

Manifesto

I am Shalvi Dogra, currently pursuing my MSc in Human Resource Management. I am standing for Student Trustee (Postgraduate Only) because I believe the Union needs a committed, professional student voice ensuring its stability and success.

My Commitment to the Board

- **My core mission is simple: I will be a meticulous financial watchdog and the Union's voice of conscience. I will never rubber-stamp policies or budgets; instead, I promise to interrogate every decision to guarantee we are financially robust, legally sound and that every pound is spent in the absolute best long-term interest of students. I will use my expertise to challenge management assumptions and ensure our resources are focused exactly where they matter most.**
- I won't promise impossible changes, but I will promise **greater accountability**. I will push the Board to implement **clearer measures of success (KPIs)**, specifically scrutinizing how effectively the Union serves postgraduates. I will ensure our strategies are realistic, sustainable, and truly deliver on our promise to students. My goal is to make the Union's governance more transparent and responsive to your needs.

Vote for me if you want a Trustee who understands that **good governance supports a great student experience**. I am resourceful, determined, and entirely committed to making sure the Students' Union uses its funds wisely and operates ethically. I bring the required specialist knowledge and the unwavering dedication of a student determined to see the Union thrive. ***I will be your committed advocate in the boardroom.***